

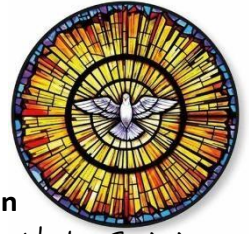


St Norbert's Catholic Voluntary Academy

"Be like Jesus. Be your best. Be safe. Be Caring."

Year 2

To the Ends of the Earth



Our Big Question

Are some fruits of the Holy Spirit easier to grow than others?

Hear



- **Jesus appears to the apostles and the Ascension:** After the Resurrection, Jesus visited His friends to show them he was alive and to give them **peace**. Then, at the **Ascension**, He went up to heaven and His **apostles** were filled with **joy** and praised God. He promised to send the **Holy Spirit** to help them. (Lk 24:36 -53)
- **Pentecost and Peter Talks to the Crowd:** The **Holy Spirit** came like wind and flame to help the **apostles** speak about God and be understood in many languages. Peter told the crowd that Jesus is alive and that they should follow Him. (Acts 2: 1-9, 12-13)
- **The Conversion of Saul:** Saul was unkind to Christians until he saw a bright light from Jesus and heard his voice. After this, Saul changed, followed Jesus and helped others learn about God's **love**. He became known as Paul. (Acts 9: 1-19)
- **The Fruits of the Holy Spirit:** The **Holy Spirit** helps us to live in a good way. These good ways are called the **Fruits of the Spirit**. (Galatians 5: 22-23)

Believe



- God is **love** and **love** is God's first gift poured into our hearts by the **Holy Spirit**.
- The **fruits of the Holy Spirit** are visible signs that a person is led by the **Holy Spirit**.
- The **fruits of the Spirit** are **love, joy, peace, patience, kindness, generosity, faithfulness, gentleness** and **self-control**.

Celebrate



- In all **prayers**, Christians welcome the **Holy Spirit** and open their hearts to God.
- Christians **pray** to the **Holy Spirit** for help by saying, "Come **Holy Spirit**."

Live



- There are different symbols of the **Holy Spirit** in art: wind, fire and dove. E.g. Taizé, Marlene Scholz's 'Blessed Trinity'.
- **St Francis** showed **love, gentleness** and **kindness** by caring for the poor and all of God's creation, including animals and nature. He lived a simple life of **peace** and **joy**, trusting God completely.
- **St Oscar Romero** showed **faithfulness, goodness** and **self-control** by bravely speaking out for justice and helping those who were treated unfairly. He showed **peace** and **love** by choosing to follow Jesus even when it was dangerous.
- **Carlo Acutis** (canonised April 2025) showed **joy, kindness** and **love** by using his computer skills to share his faith and help others learn about God. He lived with **gentleness** and **faithfulness**, going to Mass every day and caring for the poor.



Key Vocabulary and Definitions

apostles	One of Jesus' special friends who was chosen to go and tell others about Him.
Ascension	When Jesus went up to heaven to be with God, the Father, 40 days after He rose from the dead.
conversion	To change and transform. Saul changed from being unkind to Christians to becoming a friend of Jesus who shared God's message.
Holy Spirit	The invisible helper that Jesus sent from God to give people strength, courage and love. The Holy Spirit is God and part of the Holy Trinity.
Pentecost	The day when the Holy Spirit came to the apostles and helped them to tell everyone about Jesus.
prayer	Talking and listening to God.
saint	A special and holy person who loved and followed God in their life. Saints are remembered and celebrated by the Church because they are great examples for us to follow.

Fruits of the Holy Spirit

The good things and visible signs we show when we let the Holy Spirit helps us in our lives.

love	Caring for others with our heart and helping them.
joy	Feeling happy inside because you know God loves you.
peace	Feeling calm and helping others to get along.
patience	Being able to wait without getting upset or frustrated.
kindness	Being gentle and caring to others.
generosity	Sharing what you have and helping people.
faithfulness	Trusting God and doing what is right, even when it's hard.
gentleness	Being calm in the way you act and speak.
self-control	Making good choices and not letting anger or selfishness take over.



The Ascension by Juan de Flandes



The Conversion of St Paul by Fra Angelico



Blessed Trinity by Marlene Scholz

"The Holy Spirit truly transforms us.

With our cooperation, he also wants to transform the world we live in."

Pope Francis

