

Lesson 1 or Lessons 1 & 2 for the first three weeks	Learning theme	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 or Lessons 1 & 2 for the last three weeks	Learning theme	lend move score 	evade invade capture 	inspire create perform 	watch move connect 	run jump throw 	aim strike retrieve 
Lesson 2 or Lessons 1 & 2 for the last three weeks	Learning theme	NCPE link 'Competitive games; principles of attacking and defending'	NCPE link 'Competitive games; principles of attacking and defending'	fair share dare 	block guard support 	symmetry balance travel 	speed distance strength 
Lesson 2 or Lessons 1 & 2 for the last three weeks	Learning theme	NCPE link 'Embed values such as fairness and respect'	NCPE link 'Competitive games; principles of attacking and defending'	NCPE link 'Develop flexibility, strength, technique, control and balance'	NCPE link 'Demonstrate improvement to achieve their personal best'	serve set slam 	explore solve challenge 