

Year 4 MTP 2025-26							
 beyond the physical		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 or  Lesson 2 or 	Learning theme 	pass position patience 	throw prepare catch 	jump shape create 	hands feet equipment 	target control combine 	accuracy power distance 
		NCPE link 'Competitive games; principles of attacking and defending'	'Use throwing and catching in isolation and in combination'	'Develop flexibility, strength, technique, control and balance'	'Apply and develop a broader range of skills and use them in different ways'	'Apply and develop a broader range of skills and use them in different ways'	'Develop strength, technique, control and balance'
Lesson 1 or  Lesson 2 or 	Learning theme 	look run avoid 	react roll retrieve 	symmetry balance travel 	pass position patience 	strike react rally 	fair share dare 
		NCPE link 'Competitive games; principles of attacking and defending'	'Apply and develop a broader range of skills and use them in different ways'	'Develop flexibility, strength, technique, control and balance'	'Competitive games; principles of attacking and defending'	'Apply and develop a broader range of skills and use them in different ways'	'Embed values such as fairness and respect'