

| Year 3 MTP 2025-26 | | | | | | | |
|---|---|---|---|--|--|---|--|
|  beyond the physical | | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Lesson 1 or  | Learning theme NCPE link | Swimming | Swimming | inspire create perform  | jump shape create  | strike react rally  | run jump throw  |
| Lesson 2 or  | Learning theme NCPE link | hands feet equipment  | look run avoid  | agility balance coordination  | react roll retrieve  | fair share dare  | accuracy power distance  |
| | | 'Apply and develop a broader range of skills and use them in different ways' | 'Competitive games; principles of attacking and defending' | 'Use running, jumping, throwing and catching in isolation and in combination' | 'Develop fundamental movement skills - locomotion and object control' | 'Embed values such as fairness and respect' | 'Develop strength, technique, control and balance' |