










beyond the physical		Year 2 MTP											
Lesson 1 or Lessons 1 & 2 for the first three weeks	Lesson 2 or Lessons 1 & 2 for the last three weeks	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
		Learning theme	NCPE link	Learning theme	NCPE link	Learning theme	NCPE link	Learning theme	NCPE link	Learning theme	NCPE link	Learning theme	NCPE link
Lesson 1 or Lessons 1 & 2 for the first three weeks	Lesson 2 or Lessons 1 & 2 for the last three weeks	agility balance coordination 	'Master basic movements including agility, balance and coordination'	throw prepare catch 	'Master basic movements including throwing and catching'	jump shape create 	'Develop fundamental movement skills – locomotion and stability'	inspire create perform 	'Perform dances using simple movement patterns'	Swimming		Swimming	
		look run avoid 	'Team games, developing simple tactics for attacking and defending'	hands feet equipment 	'Develop fundamental movement skills – object control'	fair share dare 	'Embed values such as fairness and respect'	duel win lose 	'Team games, developing simple tactics for attacking and defending'	target control combine 	'Master basic movements including throwing and coordination'		send receive return 