

beyond
the physical

Lesson 1

or

Lessons 1 & 2 for the first three weeks

Learning
themeNCPE
link

Autumn 1

play
move
explore'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'

Autumn 2

agility
balance
coordination'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'

Spring 1

explore
evade
escape'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'

Spring 2

move
match
magic'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'

Summer 1

crawl
climb
collect'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'

Summer 2

hands
feet
equipment'Physical
Development –
Early Learning
Goal – Gross
Motor Skills'