



Getting Ready for Christmas

Advent is a time of preparation when we spend time with people we love and we try to help those in need. How many of these activities can you complete throughout Advent to help you prepare for the coming of Jesus at Christmas?

Make and decorate an Advent promise.



1

Do an act of kindness for somebody at home.



2

Write out the alphabet and then try to think of a Christmas related word starting with each letter.

3

Say a prayer before bed to ask God to open your heart in preparation for Jesus' birth at Christmas.

4

With an adult, choose one item of clothing, a toy or a book that you could give to charity.



5

Today is the Feast Day of Saint Nicholas - find out more about him.

6



Make paper snowflakes and ask an adult if you can decorate a window in your house.



7

Sing or listen to the favourite Christmas song/carol of each member of your family.



8

Surprise an adult at home by doing (or helping them do) a job around the house that they would normally do.



9

Today is World Human Rights Day.

Say a prayer for those people who work hard to protect our Human Rights and for people who are suffering.



10

Pray for peace in your local community and throughout the world.



11

With an adult, choose one item from your kitchen cupboard and donate it to a local food bank.



12

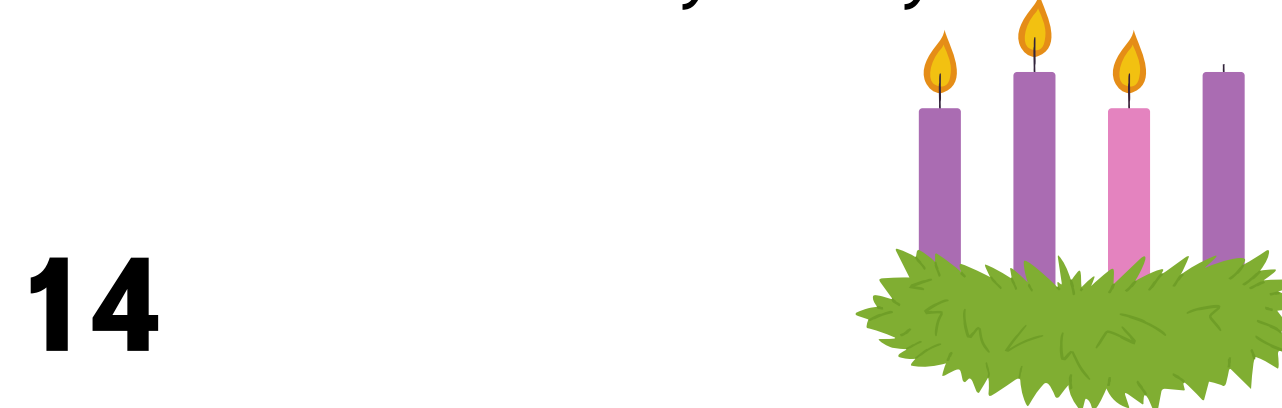
Have a cosy Christmas film night with loved ones.



13

Today is Gaudete (Joy) Sunday.

Sometimes the greatest joy that we can give to others is through gifts that only we ourselves can give. Share some of your time with somebody today.



14

Research Christmas traditions in another country.



15

Do something to help the Earth.

e.g. Put rubbish into the correct bins or walk to school if you can.



16

Read a Christmas story with an adult at home.



17

Talk to an adult about purchasing a CAFOD world gift.

e.g. £5 for a 'Happy Queen Bee'
worldgifts.cafod.org.uk



18

Say 'Merry Christmas' to somebody you don't normally talk to at school before you break up for the holiday.



19

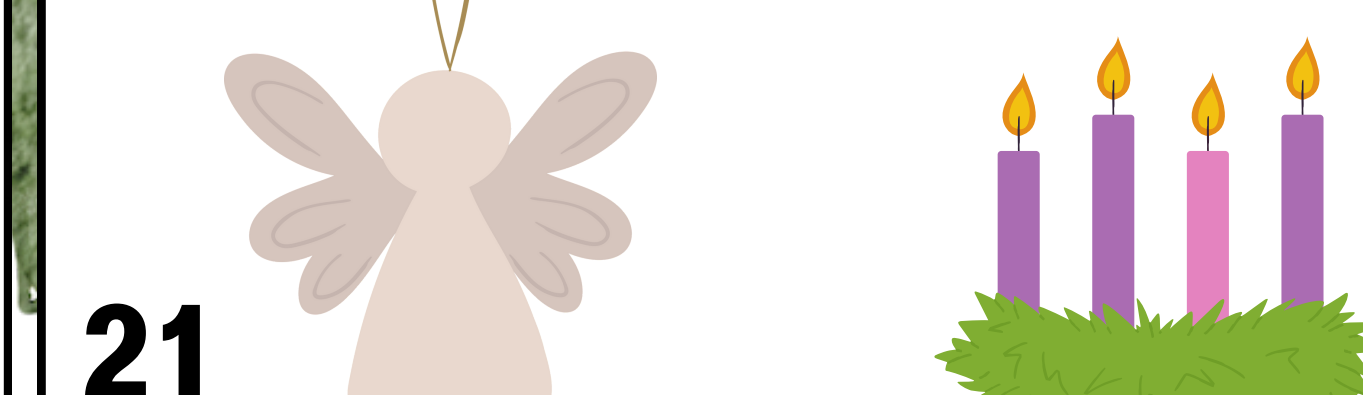
Go for a walk or a drive to see the Christmas lights in your local area.

Can you spot any that remind you of the Christmas Story?



20

Make an angel decoration to add to your Christmas tree or to put on display in your house.



21

Listen to or sing a song about the Annunciation.

e.g. The Angel Gabriel, Mary, Did you Know? or the Magnificat



22

Create a religious Christmas card celebrating the birth of Jesus. Can you include a scripture quote on it?

Gift it to a neighbour or parishioner.



23

Try to go to Mass to celebrate the birth of Jesus or tell the Nativity Story and say a prayer together at home.



24