



St. Norbert's

CATHOLIC VOLUNTARY ACADEMY

*We strive to nurture and develop the whole child through
a love of God, a love of one another and a love of life itself.*

Phone: 01775 722889 Website: www.st-norberts.lincs.sch.uk Address: Tollgate, Spalding, PE11 1NJ Twitter: https://twitter.com/St_Norberts



Friday 3rd October 2025

VIRTUES AND VALUES

Virtue of the term
Faith

Value of the Month
Friendliness

LET US PRAY

Lord, we trust you and your
love for us. Increase our faith
in you and your goodness.
Amen.

ARTICLE OF THE WEEK

Subsidiarity and Solidarity CST



A MESSAGE FROM MRS WITHERS

In Year 1 we have been having fun investigating smell in Science. We have learned that we have different senses and that our sense of smell can save our life! We investigated how well we can identify different smells by conducting a 'blind test', trying to determine what was hidden in the pots. Some things were easy, but some puzzled us!

It has been a busy week in Year 2 with children using and applying their knowledge of place value and position of numbers on a number line. We have been learning how to add detail and create interesting sentences in our English written work. We have also enjoyed creating and participating in our Year 2 Celebration of the Word focusing on St. Therese and her Little Ways.

Year 3 have had a fantastic week filled with exciting learning! We've been diving into our wonderful new book *The Street Beneath My Feet*, discovering fascinating facts about the layers of the Earth and sharing our favourite findings with each other. In Geography, we've enjoyed comparing life in the East Midlands with the beautiful region of Tuscany, noticing both the similarities and the big differences between them. Our swimming sessions have shown brilliant progress – confidence and stamina are really shining through. On top of all this, the children have impressed us with their fabulous computing skills, showing creativity and problem-solving at every turn. Well done, Year 3 – what a busy and brilliant time of learning!

In Year 4 Science, the children investigated insulators and conductors, testing different materials to see which let electricity flow and which kept it safely blocked. In Maths, we have been practising rounding numbers to the nearest 10, 100 and 1,000, using number lines and practical activities to strengthen our place value knowledge. Meanwhile in Geography, children have been learning about the amazing animals that live in the rain forest. They were especially fascinated by the canopy and the creatures that call it home! What a fantastic week of curiosity and learning in Year 4!

In Year 5 this week, we have been writing adventure stories based on the book *Cosmic*. Our stories involve Liam, a twelve year old boy, who has become lost in space. We have worked hard on our descriptive language and used a range of expanded noun phrases and relative clauses.

This week Year 6, in Geography, have been learning about how mountains are formed. They have found it really interesting to explore how the tectonic plates that move on the Earth's mantle are responsible for the formation of different mountain ranges and types of mountains. This has really helped the children with their English non-chronological report writing.

As we have seen the signs of Autumn creeping in and settling just a reminder to keep a watchful eye on the school newsletter next week which will have information about our Harvest Celebration and Focus. With the change of seasons, weather and daylight hours reducing, take time to focus on self-care. It is at this time of year many experience the impact of seasonal affective disorder or SAD. Please remember we are here to signpost you to support services and lend a listening ear with many staff including myself trained as Youth and Adult Mental Health First Aiders. Don't suffer in silence.

[Coping with seasonal affective disorder \(SAD\) | Mind](#)
[Overview - Seasonal affective disorder \(SAD\) - NHS](#)

I hope you are able to avoid the stormy weather and enjoy some family time in the great outdoors this weekend! I look forward to seeing you all on Monday ready for our visit from the Gladiator 'Steel'!

Mrs Withers x

GOSPEL REFLECTION OF THE WEEK

How would you describe what the word 'faith' means? Faith is to have complete trust and belief in some person or thing. Who are the people who you see as having great faith in God? There are many things that we don't know or understand about God, but faith is a gift from God that helps us to pray and to believe what we cannot see.

Think of someone you know who has been committed to their faith or ministry for a long time. What do you think keeps them going? Have they struggled to maintain their enthusiasm? We have been told of faith as a gift from God mediated through our community – handed down in families, sharing about God and Jesus by teachers, families, preaching, those with whom we talk. In what ways has your community fostered the faith given by God? How are you willing to nurture your own seed of faith? How is God calling you to serve?



Discipleship - Rosary

Find time to pray the Hail Mary or the Rosary this week.

You could watch the Mark 10 Mission Rosary Challenge videos [HERE](#)

Rosary

The Rosary is a prayer that we can all use to meditate on the life of Jesus Christ. It is a powerful tool for prayer and spiritual growth through the intercession of Mary our mother. The Rosary can help us to grow in our faith, to deepen our relationship with God, and to find peace and comfort in difficult times.

Participation CST

SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs. Withers and Deputy Mrs. Hibbert

jenna.withers@st-norberts.lincs.sch.uk
sarah.hibbert@st-norberts.lincs.sch.uk

For Parents - Managing In-Game Spending

In-game spending can be problematic with some children and young people. The urgency to level up, to look unique, to be better than your friends, and to top all this off the persuasive techniques that games companies use.

Internet Matters have an excellent guide for parents which includes:

- How do children spend money while gaming.
 - How does in-game currency work.
 - The benefits and risks
 - Supporting resources, and more.
- You can view the guide [HERE](#).

**Online Safety Weekly Update**

Alan Mackenzie
Online Safety Specialist

**PUPIL OF THE WEEK**

Below are pupils that have lived out the St. Norbert's Learners Code. Look Closely at the certificate to see what your child has excelled in being a model of this week!

Foundation: Verity

Year 1: Jagoda

Year 2: Year 2 Class

Year 3: Marcel

Year 4: Nathan W

Year 5: Freya

Year 6: Auguste

THE HEART THAT SEES AWARD

Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

Thank you to Alysia and Sofia's family for their kind donation of Connect 4 for the playground, the children are really enjoying it.

Also thank you to Arthur's family for their book purchases through the Amazon Wishlist.

ATTENDANCE

Well done Year 6 for this week's highest scoring attendance! School Average this week 95.95%

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS - 96.3%
 Year 1 - 94.83%
 Year 2 - 93.33%
 Year 3 - 94.83%
 Year 4 - 97.66%
 Year 5 - 96.67%
 Year 6 - 98%

**Self Care September
Human Dignity CST****WELLBEING****Useful Websites**

- | | | | | |
|---|--|---|--|---|
| 3
Take a small step towards a goal that really matters to you | 4
Start your day with the most important thing on your to-do list | 5
Be a realistic optimist. See life as it is, but focus on what's good | 6
Remind yourself that things can change for the better | 7
Look for the good in people around you today |
| 8
Make some progress on a project or task you have been avoiding | 9
Share an important goal with someone you trust | 10
Take time to reflect on what you have accomplished recently | | |

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)

Here are some of the shortlisted books

Spyceratops - Alex Willmore

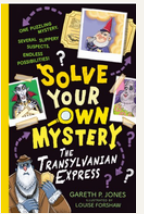
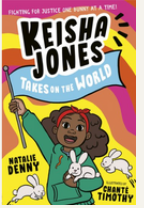
Spyceratops has all the skills: sneaking, peeking, blending in, daredevil manoeuvres. She has all the kit: groovy gadgets, loyal sidekick, awesome spymobile. And luckily the perfect opportunity has arisen for Spyceratops to share her spy skills with YOU, the reader. GRANDAD is acting very suspiciously. Can he be trusted? NO. Spyceratops is on the case, determined to uncover Grandad's secret plotting and show off her extraordinary spy skills...

Keisha Jones Takes on the World - Natalie Denny

When Grandpa Joe tells Keisha about Great Aunt Bee, who was a lawyer and an activist, Keisha is determined to follow in her footsteps. Forming the Bee Squad, she enlists her friends KD and Paisley to help put an end to inequality. Soon they have their first cause.

Solve Your Own Mystery: The Transylvanian Express - Gareth P. Jones

One puzzling mystery. Several slippery suspects. Endless possibilities! Welcome to Haventry, a town where the ordinary and extraordinary collide! With ghosts, werewolves and zombies living side by side, trouble is always brewing. And when a fiendish crime is committed, YOU are the detective in charge of the case.



STAR BADGE AWARDS

Year 3

Gold Star - Jack



DIARY DATES

Remember to check the school website Events Calendar

Tuesday 7th October

Flu Vaccinations

Wednesday 8th October

Year 6 Class Worship – Parents
Welcome 2:50pm

Monday 13th October

Parent Learning Showcase Open
Evening 3:15pm – 5:00pm

Wednesday 15th October

Year 3 Class Worship – Parents
Welcome 2:50pm

Friday 17th October

Harvest Service 1:30pm in school
parents welcome

Thursday 24th October

End of Advent Term 1

Friday 25th October

Staff INSET - No children in school

SUBJECT HIGHLIGHTS

HISTORY

Ancient Egypt did you know facts

Did you know the Ancient Egyptians built the pyramids without using any machines – just clever planning and teamwork?

They wrote using hieroglyphics, a special alphabet made from pictures and symbols? They believed the River Nile was the most important part of their world, helping them grow food and travel from place to place

Some Egyptian kings and queens, called pharaohs, were buried with treasures and even food to take with them into the afterlife.

Howard Carter discovered Tutankhamun's tomb in the Valley of the Kings, in Egypt. He found it in November 1922.

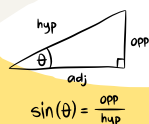
OUTDOOR LEARNING

Foundation class have had a wonderful week this week, Wednesday was their first outdoor learning Forest school day. They had lots of fun exploring the forest area for the very first time, exploring the signs of autumn. They spotted all the orange, red and brown leaves and had a walk around to see what there is to see. We had lots of fun even if there was a bit of rain! We also played some forest school games their favourite was 123 where are you in which Mrs Simons split the class into two groups and each group went with a group up to hide. Mrs Simons had to try find them this was quite tricky because the were all so quiet and both groups found fabulous hiding places. The children listened to a story outside and we collected lots of different colours and shape leaves to make owls, which the children all took home to show their grown-ups. I was a fabulous day thank you foundation!

Maths Challenge

Do NOT use a calculator!		
Nice and easy	Bit more to it	Challenging
30	37	15
÷ 6	+ 29	Times itself
+ 9	5/6 of it	Double it
Double it	x 4	30 % of this
÷ 7	5 % of it	+ 8
x 8	Times by itself	÷ 11
Double it	+ 19	Times by itself
Double it	25 % of it	Minus 1
- 100	5/7 of it	÷ 12
¼ of this	x 16	x 5 ½
Answer =	Answer =	Answer =

Children can access maths activities at home that we use in school.
Follow these links to find out more.



[Mathematics Shed](#)
[Times Tables Rock Stars](#)
[Top Marks](#)



LOOK!

PARENT WEBINARS



Lincolnshire Parent Carer Forum: What's Coming Up?

October

Icons Key: 🧑🧑 = Parents/Carers | 🌐 = Online/Open to All

🧑🧑 Thu 9 Oct | "Why Me?" – Juggling the Joys of Parenting Workshop (11:00–12:30, Online)

🌐 Thu 16 Oct | Promoting Positive Behaviour Workshop (19:00–21:00, Online)

🧑🧑 Mon 20 Oct | Zoom Social for Parents (19:00–20:00, Online) Parents only

🌐 Thu 30 Oct | Discover LPCF (13:00–14:00, Online) – For professionals and parents.

🧑🧑 Thu 30 Oct | Wellbeing: Hypnotherapy – Navigating Change (19:30–21:00, Online) Parents only

November

🧑🧑 Thu 6 Nov | "Space for Self?" – Juggling the Joys of parenting Workshop (11:00–12:30, Online)

🧑🧑 Mon 17 Nov | Zoom Social for Parents (19:00–20:00, Online)

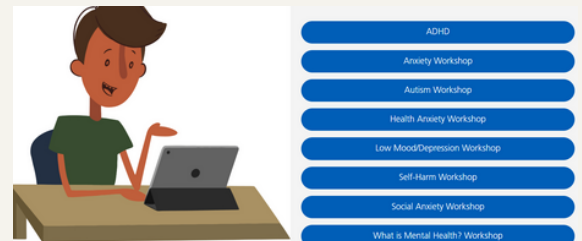
🧑🧑 Thu 27 Nov | Wellbeing: Hypnotherapy – Self-Compassion (19:30–21:00, Online)

🔗 [Book Events Here](#)

Dyslexia Outreach Parent/ Carer Workshop, Supporting Your Child at Home, Monday 10th November 2025 at 7:00 – 8:00pm

This is a free on-line workshop for parents and carers. Dyslexia Outreach will share ideas and strategies designed for parents and carers to support children at home with language, reading, spelling, maths, memory and personal organisation. This workshop is aimed primarily at parents/carers of children in KS2-3 but is open to all interested parents and carers. Please share this with parents and carers in your school.

Lincolnshire NHS Partnership Workshops - Click [HERE](#)



BLACK HISTORY MONTH

This Black History Month is the perfect time to explore stories that celebrate Black history and culture and learn more about important moments and voices in history. We've chosen some fantastic fiction and non-fiction titles that highlight themes of identity, belonging and resilience, helping readers of all ages gain a deeper understanding of Black culture and heritage.

Take a look at some of the recommended reads [HERE](#)





On Thursday, Ann from CAFOD visited our school and led workshops for us that helped us to understand that the world is often a very unfair place and that lots of people around the world do not have easy access to clean water like we do or enough food to eat. We talked about how many poor countries owe rich countries lots of money and that in previous Jubilee years this debt has been cancelled. As a school, we are currently working towards the CAFOD Live Simply award, and this includes standing in solidarity with others. This special day in school helped us to say that we stand in solidarity with the world's poorest communities. At Saint Norbert's, we add our voices to the campaign to cancel the debt and make the world a fairer place.

CROSS COUNTRY

Not even a little drizzle could dampen the spirits of our 38 determined runners who walked to Spalding Grammar School on Wednesday to compete in the School Games Cross Country competition. Joined by other local schools, our students laced up their trainers, braved the weather, and gave it their all! The event started with the Year 5 and 6 races – boys first, then girls. Each race was scored as a team event, with the positions of the first five runners from each school combined to determine overall results. We're thrilled to report that our Year 5/6 boys' team stormed into 2nd place, and the girls followed closely behind with a brilliant 3rd place finish! These outstanding performances earned them well-deserved medals and big smiles as they returned to school.

Next up, our fantastic Year 3 and 4 runners took to the course. Despite tough competition, both teams put in great efforts and secured 6th place finishes. Their resilience and team spirit were a credit to the school.

A special shoutout goes to some standout individual performances:

- 🏅 Thiofi – an incredible 2nd place finish!
- 🏅 Max – finishing strong in 5th place
- 🏅 Othula – powering through to 8th place
- 🏅 Sydney – an impressive 10th place

All of the children will receive a certificate in worship on Friday for their effort, determination, and sportsmanship, which truly shone through. Well done!



Project St Thomas
cordially invites you
to an evening of;

QUIZ & CUISINE

Sat 4th Oct- 6pm



✦
**£12
PER
PERSON**



📢
**QUIZ
TIME**

✦ 3 Course menu

Places/ Food must be reserved in advance

Unlimited Tea/ Coffee included

Quiz

Please feel free to bring your
own alcohol

✦ Raffle

Contact
project.stthoma
s@dioceseofnot
tingham.uk or
07719189528 for
a booking form

All proceeds to Project St Thomas- Charity no-1134449

WORLD TEACHER DAY

Teacher

(NOUN)

A multi-tasking master who can teach, inspire, comfort, counsel and organise... all before break time!



Thank you for
EVERYTHING you do.