



St. Norbert's

CATHOLIC VOLUNTARY ACADEMY

*We strive to nurture and develop the whole child through
a love of God, a love of one another and a love of life itself.*



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Friday 10th October 2025

VIRTUES AND VALUES

Virtue of the term

Faith

Value of the Month

Friendliness

LET US PRAY

Lord, God who restores and
heals us, we know that you
want us to be healthy and
whole. Help us to have an
attitude of gratitude for all
your gifts.
Amen.

ARTICLE OF THE WEEK

Subsidiarity and Solidarity CST



A MESSAGE FROM MRS WITHERS

This week in Foundation, the children have been busy exploring a range of exciting learning experiences. In phonics, they have been working hard on recognising letter sounds and blending them together to read simple words. In maths, the children have enjoyed sorting objects by colour, size, and shape, developing their reasoning and problem-solving skills through hands-on activities. As part of their Understanding the World topic, they have been learning about our local community – discussing important places. The highlight of the week was a very special visit from a gladiator!

Year 1 have been learning about stewardship and Pope Francis' letter to the world, Laudato Si. The children learned that good stewardship involves action and they took to the school grounds with litter pickers and gloves, for a good tidy up after the weekend's windstorms. They even started to understand which materials could be recycled. An excellent effort!

This week, Year 2 have had a fantastic time engaging in a variety of fun and enriching activities across the curriculum. They showed great enthusiasm for their TT Rockstars and Maths Badge challenges, tackling them with confidence and determination. In PE, the children demonstrated excellent balance and agility skills through a range of exciting activities, while also developing coordination and rhythm as they learned the energetic "Banana Banana Meatball" dance. In English, they worked hard on composing descriptive sentences about settings, using their imagination and growing vocabulary. Meanwhile, in RE, they deepened their understanding of Psalms, reflecting thoughtfully on their meaning and how they connect to everyday life.

Year 3 have been delving deeper in our new book 'The Street Beneath my Feet' they have been exploring lots of facts about what is beneath our feet. They have written some fabulous sentences using coordinating conjunctions. We have explored the topographical features of Lincolnshire and Derbyshire comparing the two counties and perhaps the most exciting part of our week the children meet the gladiator Steel, who shared fantastic health and wellbeing tips with us and inspired them to believe in themselves.

Year 4 have had a wonderfully exciting week filled with learning and creativity! We began with an inspiring workshop led by Gladiator Steel, where we discovered the importance of courage, teamwork, and determination through fun challenges and activities. Everyone showed fantastic enthusiasm and bravery throughout the session. In maths, we worked hard on adding and subtracting two four-digit numbers, building our confidence and accuracy with larger calculations. Our English lessons were inspired by FARHER by Grahame Baker-Smith, a beautifully illustrated story that encouraged us to plan our own imaginative and heartfelt stories about dreams, invention, and the bond between family.

In Year 5 this week we have been playing team games in PE. We have focused heavily on communication and strategy when finding the best way to score highly when playing 3 separate games at the same time. This also allowed us to focus on movement and dribbling techniques.

This week Year 6 prepared their own class worship, sharing their learning in RE so far this term. The children explained the meaning of the first two stories of creation in the book of Genesis- Creation and The Fall. They used their acting, singing and reading skills to deliver a clear message about how the world is a gift from God that we are all called to be stewards of, but how our free will does not mean that always follow God's plan.

Mrs Withers x

GOSPEL REFLECTION OF THE WEEK

God's grace and healing does not confine itself to religious, social, gender, class, ethnic or racial constraints. Sometimes we must cross boundaries to obtain healing; and healing brings new life, which is completely dependent on faith. But the underlying message is that our response must be gratitude and this must not be forgotten in the excitement of the moment. Review your own life: what have been the turning points for you, and what impact have these had on you? Have you experienced the pain of being excluded or treated as an outsider? Identify what God has done for you. What is your response? What should you do next? What are the things you can thank God for?

During this week, reflect on where the barriers are in your own life, the things that cut you off from others. Work towards breaking down one barrier this week.



Discipleship - Inclusion

Look for someone in your community who may be on the margins, take time to make them feel included this week.

Inclusion

Inclusion is about welcoming everyone as a child of God, regardless of their differences. It is about creating a community where everyone feels valued and respected. We can promote inclusion by being open to others and by standing up against discrimination. We can also make sure that everyone has a voice and that everyone is included in decision-making.

Participation CST

SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs. Withers and Deputy Mrs. Hibbert

jenna.withers@st-norberts.lincs.sch.uk
sarah.hibbert@st-norberts.lincs.sch.uk

For Parents - A Guide to navigating Social Media Safely

This is a fantastic guide from the Center for Countering Digital Hate (CCDH), it goes into lots of detail and I'm sure parents will find it interesting and useful. The guide goes into areas such as:

- How social media platforms and algorithms operate.
- The various types of harms that children may experience.
- Practical advice and guidance. supporting resources.

You can download the guide [HERE](#).

**Online Safety Weekly Update**

Alan Mackenzie
Online Safety Specialist

**PUPIL OF THE WEEK**

Below are pupils that have lived out the St. Norbert's Learners Code. Look Closely at the certificate to see what your child has excelled in being a model of this week!

Foundation: Arthur

Year 1: Joseph

Year 2: Thomas

Year 3: Emma

Year 4: Tiwatope

Year 5: Sofie

Year 6: Aiden

THE HEART THAT SEES AWARD

Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

Lavinia in Year 3, for offering kindness to others in the class.

Sinead Year 4 for showing great kindness and care for Maia during outdoor learning.

ATTENDANCE**Well done Year 2 & 6 for this week's highest scoring attendance! School Average this week 96.36%**

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS - 94.86%
Year 1 - 96.12%
Year 2 - 99.17%
Year 3 - 96.3%
Year 4 - 94.17%
Year 5 - 95%
Year 6 - 99.05%

World Mental Health Day
Human Dignity CST**WELLBEING**

Today 10th October 2025 is World Mental Health Day and we are joining thousands of schools, communities and companies wearing yellow this World Mental Health Day to raise awareness and show young people that they're not alone with their mental health. Right now, the world can be a tough place for children and young people to grow up in – and they are feeling the pressure. We want young people to know that they don't have to go through this alone. Things can get better. Please see the school website and our Mental Health support resources or contact school to speak with a Senior, Adult or Youth Mental Leader.

Young Minds offer a range of support including a parent advice and support helpline.
Click [HERE](#)

Useful Websites

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)

Here are some of the shortlisted books

There's Nothing Faster Than a Cheetah - Tom Nicoll

Three, two, one... the race has begun and the animals are off! Rhinos on roller-skates, foxes in fire engines, lions in lorries, penguins on pogo sticks... There's nothing faster than a cheetah. Or is there...?

The Shop of Impossible Ice Creams: Big Berry Robbery - Shane Hegarty

Limpet's mum is opening an ice-cream shop, full of her favourite new flavours: mushroom and tuna ice cream, anyone? Roast parsnip and gravy?

Limpet's not sure about this. He likes a nice, safe life. His favourite ice-cream flavour is vanilla.

But when wicked Mr Fluffy arrives with his Mega Emporium of Amazing and Spectacular Ice Creams, Limpet knows he's got to fight back.

Kofi and the Rap Battle Summer - Jeffrey Boakye

Kofi had an idea... one big lightning bolt of an idea that hit him like electricity. And all it needed was Kelvin's incredible memory for words. Kofi is used to stuff going wrong. He's usually in detention or about to be. But when he finds out his best friend Kelvin has a photographic memory, he comes up with a genius money-making scheme.



STAR BADGE AWARDS

Year 6

Platinum +3 Star - Elsa
Platinum +1 Star -Aiden

Year 5

Gold - David



DIARY DATES

Remember to check the school website Events Calendar

Monday 13th October

Parent Learning Showcase Open
Evening 3:15pm – 5:00pm

Wednesday 15th October

Year 3 Class Worship – Parents
Welcome 2:50pm

Friday 17th October

Harvest Service 1:30pm in school
parents welcome

Thursday 24th October

End of Advent Term 1

Friday 25th October

Staff INSET - No children in school

SUBJECT HIGHLIGHTS

GEOGRAPHY

Flood Action Week

Flood Action Week is next week, 13–17 October, this raises awareness and supports communities at risk from flooding. In England, around 6.3 million homes and businesses are in areas at risk of flooding, but many people are unaware and unprepared. The cost of flooding to a home can be tens of thousands of pounds. Devastatingly, flooding also brings a significant risk to life, damage to homes, businesses and communities, and can impact people's mental health. Extreme weather is becoming the 'new normal', with the UK experiencing more frequent and intense extreme weather events due to climate change. This includes hotter summers, wetter winter and more intense rainfall. Flooding can have a devastating impact and this is why protecting people and communities is our top priority. The Environment Agency is working closely with government to deliver £2.65 billion of investment by March 2026 to scale up national resilience through building new and improving existing flood defences.

For more information visit [HERE](#)

Maths Challenge

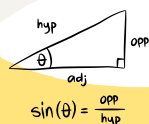
				28
				30
				18
				20
?	30	23	22	

Noah

Noah saw 12 legs walk by into the Ark.
How many creatures could he have seen?
How many different answers can you find?

nrich.maths.org

Children can access maths activities at home that we use in school.
Follow these links to find out more.



[Mathematics Shed](#)
[Times Tables Rock Stars](#)
[Top Marks](#)



LOOK!

PARENT WEBINARS



Lincolnshire Parent Carer Forum: What's Coming Up?

October

Icons Key: 👨👩 = Parents/Carers | 🌐 = Online/Open to All

👨👩 Thu 9 Oct | "Why Me?" – Juggling the Joys of Parenting Workshop (11:00–12:30, Online)

🌐 Thu 16 Oct | Promoting Positive Behaviour Workshop (19:00–21:00, Online)

👨👩 Mon 20 Oct | Zoom Social for Parents (19:00–20:00, Online) Parents only

🌐 Thu 30 Oct | Discover LPCF (13:00–14:00, Online) – For professionals and parents.

👨👩 Thu 30 Oct | Wellbeing: Hypnotherapy – Navigating Change (19:30–21:00, Online) Parents only

November

👨👩 Thu 6 Nov | "Space for Self?" – Juggling the Joys of parenting Workshop (11:00–12:30, Online)

👨👩 Mon 17 Nov | Zoom Social for Parents (19:00–20:00, Online)

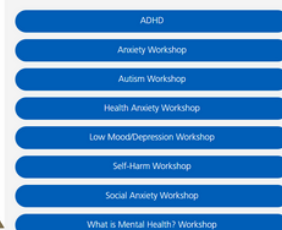
👨👩 Thu 27 Nov | Wellbeing: Hypnotherapy – Self-Compassion (19:30–21:00, Online)

🔗 [Book Events Here](#)

Dyslexia Outreach Parent/ Carer Workshop, Supporting Your Child at Home, Monday 10th November 2025 at 7:00 – 8:00pm

This is a free on-line workshop for parents and carers. Dyslexia Outreach will share ideas and strategies designed for parents and carers to support children at home with language, reading, spelling, maths, memory and personal organisation. This workshop is aimed primarily at parents/carers of children in KS2-3 but is open to all interested parents and carers. Please share this with parents and carers in your school.

Lincolnshire NHS Partnership Workshops - Click [HERE](#)



500 WORDS COMPETITION



500 Words is open for entries! Make sure you submit your stories before 9pm, Friday 7 November.

There are two age categories: 5-7 and 8-11 year-olds and spelling, punctuation and grammar are not marked - as has always been the case for 500 Words, it's all about our writers' brilliant creativity! There are prizes to be won - each winner will take home a bundle of books and the gold winners will also win 500 books for their school library. 50 finalists will be invited to a star-studded grand final at Windsor Castle in February 2026, which will once again be hosted by Her Majesty The Queen. If that's not enough, each winner will also see their story be read aloud by a superstar celebrity on TV, which will be shown as part of a special 500 Words programme with The One Show in early March.

The official panel of celebrity judges, Sir Lenny Henry, Malorie Blackman, Francesca Simon, Charlie Higson and Frank Cottrell-Boyce will return to crown our next winners.
(BBC Official Website)

Take a look at some of the recommended reads [HERE](#) See website for tips and inspiration with a range of videos and prompts to support.



STEEL - GLADIATOR VISIT



On Monday, we were thrilled to welcome Steel from the popular TV show Gladiators to our school! The children were captivated as he spoke about the importance of good nutrition, eating a balanced diet, and staying hydrated to keep both mind and body healthy.

The pupils had the chance to ask Steel lots of questions about the show, learning some fascinating facts about his interests and what inspired him to become a gladiator. Every child was delighted to receive a signed photo and information about the Zactiv School Day Fun Fit Challenges, which help to build coordination, focus, and confidence through active fun.

It was an inspiring and energetic visit that reminded everyone how staying active and making healthy choices can be both exciting and rewarding!

A huge thank you must go out to our PTA Friends of the School for organising such a wonderful opportunity.



HOCKEY

The step up to the B league saw a big challenge for Mrs Withers Team but she was incredibly proud of their discipline, control and work rate. They worked fantastically as a team keeping their shape to secure us three clean sheets and 1-0 win! An absolutely fantastic start to the Hockey Season if a little damp.

Our B Team were complete beginners to the Hockey Tournament and took every match in their stride. They won one of their matches and were able to defend and secure some good positions across the pitch. Good positioning and tackles won possession on many occasions, however our next step is to work on pushing up the pitch to the goal!

