



# St. Norbert's

## CATHOLIC VOLUNTARY ACADEMY

*We strive to nurture and develop the whole child through  
a love of God, a love of one another and a love of life itself.*



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Friday 12th September 2025

### VIRTUES AND VALUES

#### Virtue of the term

Faith

#### Value of the Month

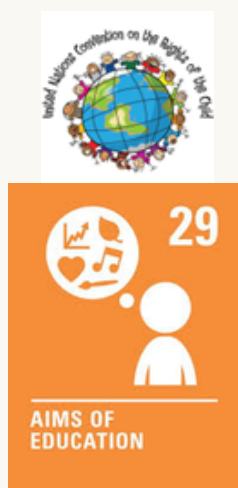
Respect

### LET US PRAY

Lord, You sent your Son to  
save us because you love us  
so much. Help us to be  
generous and unselfish with  
each other  
Amen.

### ARTICLES OF THE WEEK

#### Subsidiarity and Solidarity CST



## A MESSAGE FROM MRS WITHERS

Our new EYFS children have had a wonderful first week settling into school life. They have been getting to know their new classroom, teachers, and daily routines. From morning registrations to tidy-up times, the children are beginning to understand what comes next and are quickly adapting to school life. It has been lovely to see them building new friendships—sharing toys, taking turns, and playing together both indoors and outdoors.

Year 1 went on an awe and wonder walk, using their senses to take in everything around us. We made sure we were gentle and took our time to look closely at everything around us. We found incredible insects and swarms of dragonflies swooping around us, hidden flowers and the signs of squirrels eating nuts. We remembered that Genesis told how God created the world from our previous learning and that we should be thankful and celebrate our wonderful world.

This week year 2 have enjoyed using and applying capital letters and full stops when creating sentences with proper nouns in English. They have been revisiting their number bonds in maths and counting to and from 10; 20; 50 and 100. We have also been looking at the patterns we can find when counting on and from different numbers. We also enjoyed learning about the old and new testament stories and playing a game to see if we could recall which story was an old testament and which was a new testament.

This week in Year 3 the children had their first swimming lesson after the summer break. All the children did really well showcasing their skills from last academic year and some new skills they had gained over the summer. Mrs Simons and Mrs Hibbert are extremely proud of all the children for trying so hard in their lesson. Fabulous start to Year 3 and becoming part of KS2 well done Year 3!

Year 4 have had a fantastic first full week back after the summer break. We are loving our new class book 'The Explorer' by Katherine Rundell, which is about 4 children who survive a plane crash in the Amazon jungle. This book links to our new geography topic 'The rainforest'. Children have been locating rainforests around the world using globes and atlases. Children have also begun to explore the Story of Abraham in our Creation and Covenant topic in RE. This learning will be showcased in our up and coming Class worship which will be next Wednesday at 2.50pm.

In Year 5 this week we have been learning about number up to one million. We have been able to read and write increasingly large numbers and can solve problems involving the place value of numbers in the hundreds of thousands.

This week Year 6 had the opportunity to meet with Miss Bools who will return to school on Monday. They have learnt about the responsibilities and expectations of Year 6 and are ready to become more independent and responsible for their learning, classroom resources and personal possessions. Grown ups at home can support their child with this by encouraging them to pack their own bags, complete Homework independently and learn their spellings daily.

It has been a busy week and I have heard about the fantastic learning that has been happening across the week. I have been so impressed with how our new Foundation pupils are settling in and getting used to all the new routines. Across both schools I have been working on looking at Special Educational Needs Provision as I will be the SENCO for both schools after half term. Working across two schools gives an amazing opportunity to share ideas and best practice between them.

This Sunday is 'Education Sunday' and all are welcome at church, I shall be speaking at Mass at 11am in Spalding. This year we are reflecting on the role of our lead lay chaplain Mrs Wright and how she promotes the prayer life of all the schools she works in. I shall hold you all in my thoughts and prayers at Mass this weekend and give thanks for all those involved in working within Education.

Mrs Withers x

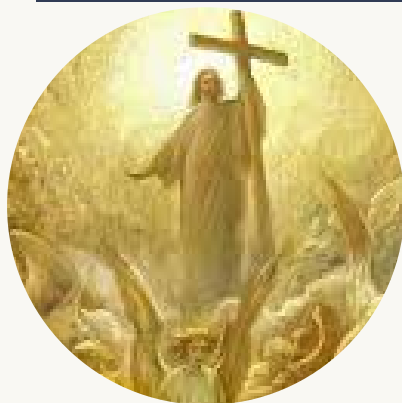
### GOSPEL REFLECTION OF THE WEEK

The Gospel reading of this Sunday gives us the reason for Jesus coming to earth. "God loved the world so much."

Jesus is the visible expression of God's unconditional love for us. Everyone who believes that Jesus came, lived and died for us and was raised to new life, will live forever.

It requires a look of faith to recognise in the cross the sign of salvation. It does not ignore sin, since sin was the cause of Jesus' death, but by realising the gravity of sin we also realise the depth of God's mercy and love.

Have there been times when I have received healing in an unexpected way?  
In what ways do I show mercy and love to those who have caused me hurt?



**Discipleship - Patience**

When you have to wait for something this week, use the time to pray for the virtue of patience.

**Patience**

Patience is about waiting and trusting in God at work in our lives. Patience is often difficult to practice, especially when we are used to having everything on demand. Learning to be patient can help us to more content and to be at peace when situations are outside of our control.

Participation CST

**SAFEGUARDING**

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs. Withers and Deputy Mrs. Hibbert

[jenna.withers@st-norberts.lincs.sch.uk](mailto:jenna.withers@st-norberts.lincs.sch.uk)  
[sarah.hibbert@st-norberts.lincs.sch.uk](mailto:sarah.hibbert@st-norberts.lincs.sch.uk)

## LUMI NOVA - FREE APP FOR FAMILIES

Lincolnshire County Council and Lincolnshire Partnership NHS Foundation Trust have teamed up with BFB Labs to offer free access to Lumi Nova. This brilliant app is for children aged 7-12 who may be facing mild to moderate difficulties with fears, worries or anxiety. Get instant access to a fun digital therapy app to help your child self manage their worries by clicking here. Click on the image below to watch an introduction to Lumi Nova on YouTube.



**NSPCC**  
**HELPLINE**  
 0800 800 5000  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**ChildLine**  
 0800 1111

**PUPIL OF THE WEEK**

Foundation: Isabella  
 Year 1: Bohdan  
 Year 2: Leah  
 Year 3: Oliver  
 Year 4: Olivia  
 Year 5: Jessica  
 Year 6: Natan

**THE HEART THAT SEES AWARD**

Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

Our PTA for the Sponsored Progress Award which will be presented at the Y6 Leavers Assembly.

Thank you to all our volunteers over the school year your work with our young people is vital and very much valued and appreciated by our entire team!

**ATTENDANCE**

### **Well done Year 4 for this week's highest scoring attendance! School Average this week 97.77%**

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS - 99.29%  
 Year 1 - 93.93%  
 Year 2 - 97.93%  
 Year 3 - 97.89%  
 Year 4 - 100%  
 Year 5 - 97.66%  
 Year 6 - 97.7%

### **Self Care September** **Human Dignity CST**

**WELLBEING****Useful Websites**

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)

**12**

Get active outside and give your mind and body a natural boost

**13**

Be as kind to yourself as you would to a loved one

**14**

If you're busy, allow yourself to pause and take a break

**15**

Find a caring, calming phrase to use when you feel low

**16**

Leave positive messages for yourself to see regularly

**17**

No plans day. Make time to slow down and be kind to yourself

**18**

Ask a trusted friend to tell you what strengths they see in you

**Super Goat Girl - Tracey Baptiste**

In this comic-inspired picture book, Super Goat Girl realises she's not like the other heroes in her new superhero school. As chaos ensues in the playground, it's up to Super Goat Girl to discover what makes her super special and save the day.

**What Came First - Kit Frost**

What Came First sets out a useful timeline showing young readers a sometimes surprising order of events with several quirky "which came first?" questions per page.

**Hero the Highway Girl- Penny Chrimmes**

Desperate to escape her stifling, aristocratic world, Hero hatches a plan to be kidnapped by infamous highwayman, Gentleman Jack. Fast-paced and full of danger, this thrilling novel brings highway escapades in the Georgian period to life.



## SUBJECT HIGHLIGHTS

## DIARY DATES

Remember to check the school website Events Calendar

**Monday 15<sup>th</sup> September**

Start of the School Year Mass 1:30pm  
Parents welcome

**Wednesday 17<sup>th</sup> September**

Year 4 Class Worship – Parents  
Welcome 2:50pm

**Wednesday 24<sup>th</sup> September**

Year 5 Class Worship – Parents  
Welcome 2:50pm

**Wednesday 24<sup>th</sup> – Friday 26<sup>th</sup> September**

Year 6 Residential Trip to The Briars

Welcome back to the new academic year, I cannot believe how quickly time goes! As we are at the start of the academic year I have popped in a reminder of what the subject of geography is to be a reminder for all of our children and for those joining us in EYFS to find out what it is.

**Geography**

Geography is the study of the world, but as the world is a large and complex place, the subject is divided up into two main areas - human geography and physical geography.

The study of the relationship between these two main areas is called environmental geography, which can be considered the third area of geography.

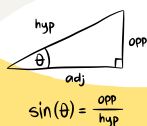
If you have a device there is a 1 min clip on BBC bitesize explaining a bit more.

**Outdoor Learning/ Forest school**

Mrs Simons is very excited to be starting outdoor learning/ forest school next Wednesday. Details will be sent each week as to which class will be taking part. Please can you ensure children come in their PE kit, if you are concerned about them getting muddy old jogging bottoms are fine. Please can they bring a pair of old trainers or wellies to wear outside, these will get muddy in the winter months and a pair of shoes (this can be their school shoes) they can wear in the school building so we don't get mud everywhere. Please ensure your child brings a coat we will go out in all weathers, rain or shine.

**Maths Challenge**

Children can access maths activities at home that we use in school. Follow these links to find out more.



[Mathematics Shed](#)  
[Times Tables Rock Stars](#)  
[Top Marks](#)





With children now being one of the first generations to grow up in the social media age, there is a lot of content and information being posted of them online. A report from the Children's Commissioner found that by the age of 13 child's parents will have posted on average 1,300 photos and videos of them to social media. This can mean the child will have an online reputation before they have even created any social media profiles themselves.

Parents usually share with good intentions, as they want to celebrate their child's milestones and share them with friends and family. However, oversharing can bring a variety of risks. Following these sharenting tips for parents can reduce this risk:

### Guide to sharenting

#### Tips for sharing children's milestones safely

internet  
matters.org

If you're proud of your child, you might want to show off their accomplishments online. Unfortunately, this can put them at risk. See what you can do to share safely.

#### Keep profiles private

If you're sharing photos, videos or stories of your child on social media, make sure your profiles are private so that strangers cannot access this content.



#### Check your followers

Make sure you're happy for every single one of your followers to see content featuring your child. If there is anyone you don't recognise or know well, remove them. Avoid adding new people you don't know.

#### Curate your profile

Even if you have a private profile, some elements like your profile picture, bio and links are still public. Make sure no public-facing content features your child or personal details like their school, your address or individual's names.



#### Talk to other parents

If you want to share something which features children other than your own, make sure you get permission from those parents first. This might include birthday parties or school trips. Blur out any faces of kids who you don't get permission to include or avoid posting altogether.

#### Consider digital footprints

Every photo, video or story you share of your child feeds into their digital footprint. Carefully consider whether they'd be happy for the world to see the moments you're sharing with others and seek permission before posting.

