



# St. Norbert's

## CATHOLIC VOLUNTARY ACADEMY

*We strive to nurture and develop the whole child through  
a love of God, a love of one another and a love of life itself.*



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Friday 2nd May 2025

### VIRTUES AND VALUES

#### Virtue of the term

Kindness

#### Value of the Month

Self- belief

#### LET US PRAY

Lord, you are all around us  
in the world you have  
created. Help us to  
recognise you and to care  
for your creation  
Amen.

### ARTICLES OF THE WEEK

#### Subsidiarity and Solidarity CST



## A MESSAGE FROM MRS WITHERS

The Foundation children enjoyed a Handa's Surprise Workshop where they got to listen to stories and take part in music and movement activities. As part of Outdoor Learning the children recognised seasonal changes in the environment and went on a bug hunt!

Year 1 have been enjoying the warm weather coming in Spring and took the opportunity to learn about the sun's position and how it appears higher in the sky than in winter. The children loved making sundials and were amazed when they observed how the shadows had moved throughout the afternoon.

In Year 2 this week we have been looking at Habitats in Science and finding mini-beats which live in those places. We have enjoyed writing patterns and verses in our English Poetry topic, recalling things grandparents share and do for us in our lives. We have also been swimming for the first lesson of the term and enjoyed sharing our skills and swimming abilities with the swim teachers.

Children in Year 3 enjoyed investigation Filtration and carrying out some investigation outside and making comparisons between the filtration of different surfaces. They also enjoyed their prayer service with Fr Jim and sang beautifully.

Year 4 have been learning about natural sculptures and collecting materials to make their own sculptures which they will then take to Ayscoughfee gardens to photograph.

In Year 5 this week we have been learning about Europe. We used atlases and globes to explore our continent and have been able to locate my countries, capital cities and seas, marking them onto our own maps. We are looking forward to learning about the landscape and physical features of some of these countries in Eastern Europe next week.

This week Year 6 have been learning about fieldwork in Geography and have started working in groups to generate their own fieldwork enquiry questions. Over the coming weeks they will be gathering their data, presenting it and drawing conclusions from their findings.

It has been a busy week, I personally enjoyed joining Year 3, Fr. Jim and some of our families for their class prayer service on Wednesday afternoon. It was all focused upon the theme of vocation and Fr. Jim kindly brought along and shared his special photo albums from his own Ordination. It was wonderful to have a number of parents that joined us. I was also impressed this week with some amazing online learning and live lessons during Polling Day. Although I cannot promise the sun will stay I hope you all enjoy some family time this bank holiday weekend and I look forward to seeing you all on Tuesday.

Mrs Withers x

#### Norbert Bear

Norbert Bear will be going home with a child in reception on a Friday to spend the weekend! Please follow the instructions on Norbert's tag and tweet any photos with Norbert with your child having fun! Norbert must be returned to school on a Monday for a busy week at school!

This week Norbert will be going home with Jagoda



### GOSPEL REFLECTION OF THE WEEK

What made Peter recognise Jesus that day? Finding their net full of fish after a useless night's fishing was a miracle, and only the Son of God had the power to work such a miracle. Jesus prepared breakfast on the beach to share with his friends. Can you think of a time that we gather together for a special meal where Jesus comes to share himself with us?

As the breakfast on the beach nourished the disciples, how does the Eucharist continue to nourish those who follow the risen Lord? How have we met the commitment that discipleship calls us to? How can we act on that this week?



## Discipleship - Faith

Think of something you need to have faith in this week. Spend some time in prayer to ask God for the faith you need.

## Faith

Having faith can be hard. It requires us to believe in those things we can't prove and see. St. Thomas is famous for not believing that Jesus had risen, but this reminds us all that even for Jesus' disciples, faith wasn't always easy. Faith is a gift from God and if we can accept it, and hold on to it, faith will give us strength, comfort and hope.

anticipation CST

## SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs. Withers and Deputy Mrs. Hibbert

jenna.withers@st-norberts.lincs.sch.uk  
sarah.hibbert@st-norberts.lincs.sch.uk

## Stay Safe Online



**Online Safety and Social Media** SWGFL

Social media is an online platform that allows users to connect with others online. Depending on what platform you use, social media can allow you to communicate and share information with others with the intention to update or engage a specific audience. This can often include sharing videos, images, status updates or posts with a group of followers that can sometimes cover a global scale.

A lot of the time, social media is a positive place where users support each other. Despite this, it can also house toxic and harmful behaviours, which can be directed towards specific individuals or groups with the intention to harass, or cause upset.

**Benefits of Social Media**

- 1 Available and accommodating to most audiences
- 2 Can promote positivity and healthy expression
- 3 An accessible platform to connect with others
- 4 An instant platform for news and global awareness

**Considerations for Social Media**

- 1 Harmful and offensive content may be seen across platforms
- 2 Can be used to promote misleading information
- 3 Can promote unhealthy expectations and pressure for young people
- 4 Can impact digital wellbeing if not managed correctly

**Harm on Social Media**

Many social media platforms have adapted to include reporting features in order to tackle certain types of harmful behaviour. Some of these features to watch out for include:

- 1 Fake online profiles
- 2 Misinformation or fake ads
- 3 Scamming or fraud attempts
- 4 Radical online content

**Socialising Online**

Social media provides a lot of freedom in how to connect with other users as well as how information and content is made available. This has provided certain platforms with mechanisms against giving anyone an opportunity to comment and engage with others. To promote staying safe on social media, ensure that young people know how to:

- 1 Report harmful content online
- 2 Block and report users who are being offensive or harmful
- 3 Manage privacy settings to limit exposure
- 4 Speak to a trusted adult if they are concerned about something online

To find out more about Social Media visit the SWGFL hub: [swgfl.org.uk/topics/social-media/](http://swgfl.org.uk/topics/social-media/)

**Further Support**

Professionals Online Safety Helpline: [saferinternet.org.uk/professionals-online-safety-helpline](http://saferinternet.org.uk/professionals-online-safety-helpline)  
 Harmful Sexual Behaviour Support Service: [swgfl.org.uk/harmful-sexual-behaviour-support-service/](http://swgfl.org.uk/harmful-sexual-behaviour-support-service/)  
 Report Harmful Content: [reportharmfulcontent.com](http://reportharmfulcontent.com)

REPORT HARMFUL CONTENT | UK Safer Internet Centre | NOMINET

## PUPIL OF THE WEEK

**Foundation:** Violet for her excellent rhythm and movement in our Handa's Surprise workshop!

**Year 1:** Theodore for excellent effort, behaviour and engagement in all his learning.

**Year 2:** Amanda for her quick mathematical responses.

**Year 3:** Cera for her focussed attention and improvement in reading.

**Year 4:** Gustas his reasoning skills in maths.

**Year 5:** Signe for trying exceptionally hard in Maths this week.

**Year 6:** Nicola for working hard on her times tables knowledge.

## THE HEART THAT SEES AWARD

Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

Thank you to Katie in Year 5 for her book bundle donation to school this week this is much appreciated.

Thank you to our PTA who collate and manage our Amazon Wishlist for school we appreciate the time and effort you put in to supporting us.

## ATTENDANCE

**Well done Year 2 for this week's highest scoring attendance! School Average this week 93.28%**

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS - 93.37%  
 Year 1 - 89.05%  
 Year 2 - 96.55%  
 Year 3 - 94.76%  
 Year 4 - 95.57%  
 Year 5 - 92.86%  
 Year 6 - 91.04%

## Active April/Meaningful May

## WELLBEING

## Human Dignity CST

- 1 Do something kind for someone you really care about
- 2 Focus on what you can do rather than what you can't do
- 3 Take a step towards an important goal, however small
- 4 Send your friend a photo from a time you enjoyed together
- 5 Let someone know how much they mean to you and why
- 6 Look for people doing good and reasons to be cheerful
- 7 Make a list of what matters most to you and why
- 8 Set yourself a kindness mission to help others today
- 9 What values are important to you? Find ways to use them today
- 10 Be grateful for the little things, even in difficult times

## Useful Websites

[Young Minds](#)

[Place 2 Be](#)

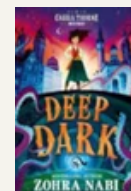
[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)



## Recommended Reads

## READING CORNER



### Mr Norton's New Hat - Huw Lewis Jones

One morning, Horace Norton finds a mouse inside his hat. It's soon followed by a bird's nest in the basket of his bicycle, a sleeping squirrel in his shoe, stoats in his satchel and all manner of other animal invaders. Outrageous!

### Boss of the Underworld: Shirley vs the Green Menace - Tor Freeman

This graphic novel is the story of how Shirley became the Boss of The Underworld and it's very, very funny. Shirley falls down a manhole into a weird underworld (there are definite Alice in Wonderland vibes). She is heralded as the 'chosen one' by the creatures who live down there, including George, a child-sized cockroach. They say it's written on scrolls and cave paintings that Shirley is chosen to save their world and vanquish the boss of the underworld: The Green Menace and his goons.

### Deep Dark - Zohra Nabi

Set in Victorian London, the poverty and social inequality of the era are brilliantly depicted while a fantastical, ancient myth adds tension, mystery and jeopardy to one girl's quest to rescue the children no one else seems to care about.

## STAR BADGE AWARDS

## SUBJECT HIGHLIGHTS

Well done to all those children who have received a star badge this week. These are pupils who have maintained full marks for their challenge 4 times in a row. Please take time to look at these challenges at home when they are sent home each week

Year 6 - Gold: Gabrielius  
Platinum +2: Maisy  
Platinum +3: Alex, Daria

Year 4 - Gold: Fabian  
Platinum +2: Chance, Joshua

Year 5 - Platinum: Amanda

Year 3 - Gold - Tiwatope, Eliza H



## DIARY DATES

**Monday 5<sup>th</sup> May**  
Bank Holiday

**Thursday 8<sup>th</sup> May**  
VE Celebration Day in school: Wear red white and blue accessory  
See Email for more information

**Monday 12<sup>th</sup> May**  
SATs Week Y6

**Thursday 15<sup>th</sup> May**  
Year 1 Class Prayer Service - 9am  
parents welcome

**Wednesday 21<sup>st</sup> May**  
School Website Photographs

**Friday 23<sup>rd</sup> May**  
End of Term 5

### Our Wonderful World

A vast, warm pool of water in Albania, Europe, has been declared the world's largest underground thermal lake. The lake is hidden and has a temperature of 26 degrees C. It was first discovered by a team of geologists from Czech Republic in 2021. They discovered it on seeing a column of steam rising deep from the mountain gorge in an unexplored cave system. Last year, a funded expedition took place by the explorers using high tech 3D Scanner equipment. They found the lake named Lake Neuron after the foundation who funded their exploration mission, is 138m long and holds eight million litres of water- that is approximately 3.5 Olympic swimming pools! Wow isn't nature amazing what a fantastic discovery of a beautiful physical feature.

Source National Geographic Kids Magazine p4 May issue.



### Writing Challenge

1. A **limerick** is a funny poem that is five lines long that rhymes at the end. Try writing your own limerick featuring something that you find funny.
2. Do you have any activities you and your family and/or friends like doing in May? If so, what are they? Do they take place indoors or outdoors? What do these activities entail and how do they make you feel?
3. On May 6<sup>th</sup>, we celebrate our awesome teachers! Can you write a **letter** to your favourite teacher, explaining why they're your favourite and what you love most about their lessons?

### Maths Challenges

#### Make 37

Four bags contain a large number of 1s, 3s, 5s and 7s.

Can you pick ten numbers from the bags that add up to 37?



nrich.maths.org

### Money bags

AGE 8-10

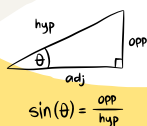
Ram divided 15 pennies among 4 bags.

He could then pay any sum of money, from 1p to 15p, without opening any bag.

How many pennies did Ram put in each bag?



Children can access maths activities at home that we use in school.  
Follow these links to find out more.



$$\sin(\theta) = \frac{\text{opp}}{\text{hyp}}$$

[Mathematics Shed](#)  
[Times Tables Rock Stars](#)  
[Top Marks](#)



# National Smile Month Story / Poem Competition

Community  
Dental  
Services

Celebrate with us this National Smile Month,  
12th May – 12th June 2025  
and help raise awareness of the importance of good oral health.

We are asking children aged between 6 to 11 across Lincolnshire, to write a short story (up to 400 words) or a poem promoting the importance of looking after our teeth. Whether it's about brushing, eating tooth friendly foods and drinks, the tooth fairy - it is entirely up to you, as long as it is about teeth!



## Enter for a chance to win!

The winner will have their story or poem turned into a video with their voiceover, plus receive an electric toothbrush and a book voucher.



Please send your entries in by 5pm 12th June 2025 via either email at [ohimp.lincolnshire@cds-cic.nhs.uk](mailto:ohimp.lincolnshire@cds-cic.nhs.uk) or by post to:

Oral Health Improvement Team,  
North Hykeham Health Centre, Moor Lane, North Hykeham, Lincoln, LN6 9BA

**Winner will be announced on 1st July 2025. Please ensure you provide the child's name, school they attend or parents contact on the back of the submission or in the email.**

*The winner will be expected to take part in post-competition publicity for CDS. This may mean their name and image being used on the internet, in publications, on TV and Radio, along with an image/video of their winning entry.*

(©)Community Dental Services CIC, 2025

# National Smile Month Story / Poem Competition

Community  
Dental  
Services

## RULES OF ENTRY

CDS's National Smile Month Story/Poem Competition is open to residents aged between 6 and 11 years on the closing date of 12th June 2025. We welcome entries from children of all abilities and needs.

To enter the competition, entrants must:

1. Write a short story or poem (up to 400 words) that can be anything about teeth.
2. Ideas must be the entrant's own work.
3. Have parent / guardian's permission to enter the competition.
4. Entries must be received by 5pm on Thursday 12th June 2025.
5. Late entries will be not be included.
6. Only one entry per person to be submitted.

If multiples are received, we will accept the first and disregard others.

7. Winner will be announced on our social media channels and contacted on 1st July 2025 to arrange a convenient date for CDS to record them reading their entry.

8. If CDS is unable to contact the winner after a reasonable number of attempts have been made, we reserve the right to offer the prize to the next best entry.

9. The prize is as stated and cannot be transferred. There is no cash alternative.

10. Winner will be expected to take part in post-competition publicity for CDS. The winner's name and image may be used on the internet, in publications, on TV and Radio, along with a copy of their winning entry.

11. The parent / guardian of an entrant is deemed to have accepted these rules when giving permission to the entrant to submit their entry.

Any questions please contact the OHI team on:  
[oralhealthimprovement@cds-cic.nhs.uk](mailto:oralhealthimprovement@cds-cic.nhs.uk)



**POPE FRANCIS**  
*REQUIESCAT IN PACE*

