

# PSHCE

Personal, Social, Health and Citizenship Education  
And

# RSE

Relationship and Sex Education



ST. NORBERT'S  
CATHOLIC PRIMARY SCHOOL



OUR LADY  
OF LOURDES

CATHOLIC MULTI-ACADEMY TRUST



## Parent Pocket Guide



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St Norbert's Catholic Voluntary Academy

Article 3: All adults should do what is best for a child.



## INTRODUCTION

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL' (Jn.10.10)

We are involved in relationships and sex education precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

All RSE and PSHCE will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from, in accordance with the Protected Characteristics. It will also prepare pupils for life in modern Britain, linking to the integration of British Values (see British Values Parent Pocket Guide).

The programme 'Life to the Full Plus', enshrines Catholic values relating to the importance of stable relationships, marriage and family life. It also promotes those virtues which are essential in responding to the God's call to love others with a proper respect for their dignity and the dignity of the human body. The following virtues will be explicitly explored and promoted: faithfulness, fruitfulness, chastity, integrity, prudence, mercy and compassion.

## LIFE TO THE FULL PLUS

PSHCE and RSE are taught using the programme 'Life to the Full Plus'.

In Life to the Full, a four-stage structure is approached which is repeated and developed across four different learning stages:

- Early Years Foundation Stage is aimed at Preschool and Reception
- Key Stage One is aimed at Years 1 and 2
- Lower Key Stage Two is aimed at Years 3 and 4
- Upper Key Stage Two is aimed at Years 5 and 6

Within each learning stage, there are three Modules which are based on the Model Catholic RSE Curriculum:

- Created and Loved by God
- Created to Love Others
- Created to Live in Community

Each Module is then broken down into Units of Work. These have been carefully mapped out throughout the year and can be seen in the schools Long Term Plan.

We recognise that parents (and other carers who stand in their place) are the primary educators of their children.

The school will support you by providing information and materials to be shared with your children at home, access to the Life to the Full Plus website through the Parent Portal and workshops to help you find out more.

You will be informed by letter at the beginning of an academic year to when Key Decisions of RSE will be covered in order for you to make an informed decision as to whether you wish for your child to participate in these sessions. This enables you to exercise your right to withdraw your child from these particular sessions. We believe that the controlled environment of the classroom is the safest place for this curriculum to be followed.

If you wish that wish your child is to participate in Key Decision sessions it is important to allow time to be prepared to talk and answer questions about your children's learning.