



St. Norbert's

CATHOLIC VOLUNTARY ACADEMY

We strive to nurture and develop the whole child through a love of God, a love of one another and a love of life itself.



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Friday 6th September 2024

VIRTUES AND VALUES

Virtue of the term
Love of Learning

Value of the Month
Honesty

LET US PRAY

Placing all our trust in God's grace, we pray that Catholic education will continue to make Christ known across our lands, supporting parents in the religious formation of their children, integrating faith with culture and being of service to our society. Let us give thanks for all the ways in which Christ our Lord and Teacher has been present with us and invite Him to be with us throughout the coming year.
Amen.

ARTICLES OF THE WEEK

Subsidiarity and Solidarity CST



A MESSAGE FROM MRS WITHERS

Weekly Newsletter

For this week only we are sending a hard copy of the newsletter home. After this week every Friday it will be available via the website and emailed to you through Arbor.

Contacts and Updates

Please speak to the school office if any of your contact details, including contact numbers and address have changed over Summer. It would also be a good time to let us know if any changes or additions need to be made to pupil medical records.

Fundraising

Next Friday is Roald Dahl Day and we have made the decision to slight change our Fundraising with our PTA. There will be a £1 a square PTA Roald Dahl Day themed activity with more information to follow next week.

We will also hold a non-uniform day but the proceeds for this are going to be sent to a family of past pupils via their GoFund Me Appeal. To see the link for this and why we want to support please see the PTA Facebook Page.

Parent Showcase

Thank you to all those families that came to explore the school during our Parent Showcase last academic year. This term we will host the showcase on Wednesday 16th October. On this day anytime between 3:15pm and 5pm you can come into school with your child and look in their classroom at books and speak with the teacher. We hope you are able to join us for this open event. You do not need to book in advance you simply turn up at any point between those times accessing the building via the playground. We look forward to seeing you then and will post reminders nearer the time.

Attendance

We will be sending a letter about the changes to attendance law that will come into effect at the end of August. If you have any questions please see myself.

Have a fantastic weekend I may see some of you at Mass it is Education Sunday this weekend, you will all be in my thoughts and prayers.

Mrs Withers x

Norbert Bear

Norbert Bear will be going home with a child in reception on a Friday to spend the weekend! Please follow the instructions on Norbert's tag and tweet any photos with Norbert with your child having fun! Norbert must be returned to school on a Monday for a busy week at school!

This week Norbert Bear will be preparing for his first visit with one of our new Foundation children next week.



GOSPEL REFLECTION OF THE WEEK

This year, on 8 September, marks the 176th celebration of Education Sunday for the Church in England and Wales. As we commence the beginning of a new academic year, let us entrust to Almighty God all who are involved in the provision of Catholic education in our schools, colleges and universities.

Our Lord Jesus Christ came among us and brought fulfilment to those who were searching for peace, healing and joy. Revealing the love of God the Father to mankind, Christ is the one and only way, truth, and life. Led by the light of the Holy Spirit, the words of the Holy Gospels guide us in His way, draw our minds into His truth, and invite our hearts to be filled with His life.

Christ is the foundation of the whole educational enterprise in a Catholic school. As "the way, the truth, and the life" Christ is both the object and subject of Catholic education. A Catholic educational institution seeks to root the Gospel of Christ in the minds and lives of students, providing a holistic formation that promotes human flourishing, inspiring a lifelong love of learning, and fostering the virtues that will assist children and young people to discover in themselves and in others the Truth, Goodness and Beauty of God. On Education Sunday, it is important we give thanks to Almighty God for all who govern, lead, teach, guide, and support the children and young people in our Catholic schools, colleges and universities.



A Year of Prayer and Preparation: Pray As You Go

Pray As You Go is a wonderful resource that can be downloaded as an app as well as being accessed through your browser. It offers daily prayers, meditations, prayer inspiration and also has a kid'corner for prayer.

To find out more click [HERE](#)

The Season of Creation runs from 1 September (World Day of Prayer for the Care of Creation) to 4 October (the feast of Saint Francis of Assisi) each year. This ecumenical season is dedicated to prayer and action for the protection of creation. It is a time to renew our relationships with God our Creator, and with all creation, as we join together in prayer.

We give thanks for all that God has made, repent for the damage that we have caused and commit ourselves to take action to protect the earth our common home.

"Hope and Act with Creation" is the theme and invitation of this year's Season of Creation, which draws its inspiration from the Letter of St. Paul to the Romans (Romans 8:19-25).

Participation CST

SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs Withers and Deputies Mrs. Hibbert
jenna.withers@st-norberts.lincs.sch.uk
sarah.hibbert@st-norberts.lincs.sch.uk

Online Safety

What is Social Contagion?

I read a really interesting article in TES last week which was looking into whether social media drives copycat behaviour and whether this can be blamed for increases in various mental health conditions. In other words, are children 'catching' syndromes from the content they're viewing online?

There has always been a certain level of copycat behaviour amongst all ages (for example, starting every sentence with 'so...'. Where did that come from?). But due to their age, children and young people can be more susceptible.

Social contagion is described as quote the spread of ideas, attitudes or patterns of behaviour within a group, through a process of conformity unquote and more experts are pointing to social media as an influential factor in relation to various mental ill health disorders such as eating disorders, self-harm and tic-like behaviours.

The article goes into much more depth, including advice for schools and you can read it [HERE](#).

WhatsApp New Features

As one of the most popular messaging apps around the world used (in my experience) from Year 3 upwards, WhatsApp continue to add new features to keep users onboard. Two of the newest features are the ability to edit a sent message within 15 minutes of it being sent, and 'Keep in Chat'.

The first (edit within 15 minutes) is exactly what it says. You can send a message to someone or a group and, if you need to make changes you can do so within 15 minutes. This is good, particularly for someone who may have rushed a reply to something and didn't critically think about it before pressing 'Send', or realises that the message could be taken out of context.

The second, 'Keep in Chat' is where someone can select certain messages that they want to keep in a folder called 'Kept messages'.

There's more detail to the explanation than I have given above, take a look at the Childnet article [HERE](#) for further details, including the positives and negatives to these new features.

Information from: Alan McKenzie
<https://www.esafety-adviser.com/>



PUPIL OF THE WEEK



Pupil of the week awards will be issued from next week to individual classes.

We would like to congratulate all children on a brilliant, positive start in all year groups.

It has been lovely to see and hear about their summer adventures and planning the school year ahead.

THE HEART THAT SEES AWARD



Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

A huge thank you for the gifts of flowers yesterday and planting up the entrance hall pots beautifully -that was a wonderful surprise. We are so grateful to all our families xxx

Common Good CST

ATTENDANCE

Well done Year 2 for this week's highest scoring attendance! School Average this week 92.36%

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS	92.59%
Year 1	96.55%
Year 2	96.67%
Year 3	93.33%
Year 4	91.67%
Year 5	88.89%
Year 6	93.1%

WELLBEING

Self-Care September
Human Dignity CST

6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'	8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect
10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one

Useful Websites

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)

Recommended Reads

READING CORNER

See What I Can Do! - Jon Roberts

See What I Can Do! introduces a range of characters (based on real-life children) who each share an insight about disability and point out the challenges but also positive aspects of their lives. A beautiful book that celebrates individuality, empathy and understanding.



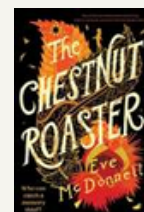
A Riddle for a King - Mark Forsyth

When Philo discovers a strange new world through a secret door in the grandfather clock, he embarks on an utterly bonkers, magical adventure, which is beyond his wildest dreams.



The Chestnut Roaster - Eve McDonnell

A refreshingly original mystery thriller set in 19th century Paris featuring Piaf; a girl with a unique mind who battles to find missing children and lost memories in the labyrinth below the city.



PHONICS LITTLE WANDLE BOOKS

We are still awaiting return of some Little Wandle books from last term, particularly from children who may have been absent in the last week.

Please can these be returned to school by Tuesday next week at the latest.

Thank you.



DIARY DATES

Tuesday 10th September

Swimming Starts for Year 3

Friday 13th September

New School Year Mass 9am - Parents Welcome

Wednesday 18th September

Year 4 Class Worship 2:50pm - Parents Welcome

Wednesday 25th September

Year 5 Class Worship 2:50pm - Parents Welcome

Monday 23rd - 25th September

Year 6 Residential Trip to The Briars

WRAPAROUND PROVISION

Breakfast Club: Our Breakfast Club is run by an external provider, Discovery Sports. Our clubs are designed to give your child a healthy and active start to the school day. Time: 7:30 AM – 8:30 AM Price: £5 per day or £20 per week
Details: Treat your child to a nutritious breakfast prepared by our 'Level 2 Food Hygiene'-qualified staff. Our Breakfast Club is an opportunity for children to enjoy a wholesome meal and prepare for a day of learning.

Active Start: Time: 8:00 AM – 8:30 AM Price: £3.75 per day or £18.75 per week

Details: Active Start focuses on promoting physical activity and healthy habits. Please note that this option does not include breakfast. Our aim is to get children moving and foster a love for a healthy lifestyle.

After School Club and Wraparound Care

Our after school/wraparound care program runs from 3:15 p.m. until 5:30 p.m., providing children with a safe and engaging space to participate in both staff-led and child-led activities. Our sessions are designed to be varied, catering to the diverse needs and interests of the children. Additionally, the after school care service will offer warm food options such as toasties and bagels, along with other healthy snacks, starting from 4:30 p.m. We offer three booking options:

After School Club: This option is for children who do not wish to attend any of the other after-school clubs offered. Children can be collected from the playground at 4:30 p.m.

Wraparound Care: If your child attends an after-school club, they can join the wraparound care service from 4:30 p.m. until 5:30 p.m., after which they can be collected from the playground.

Full Wraparound Care: This option is available from 3:15 p.m. until 5:30 p.m. and includes all of our activities and food offerings. Children will be collected from the playground.

To book your sessions:

Visit: discoverysportscoaching.co.uk/bookings We're excited to provide your child with a safe and supportive environment. If you have questions or need help, contact us at dan@discoverysportscoaching.co.uk Thank you for choosing St Norbert's Catholic Voluntary Academy and Discovery Sports Coaching.

Writing Competition - The Solstice Prize 2024

A nature-themed creative writing prize for 7- to 25-year-olds

The Solstice Writing Prize is a national, annual writing competition for young writers, which invites young people to take a closer look at the natural world, explore their relationship with it, or examine the challenges it faces, and write short stories, poems, and thought-provoking blogs in response.

First-place winners in each age category will receive £100 and have their work published in the 2024 Solstice Anthology.

Maths Challenges

Make 37

Four bags contain a large number of 1s, 3s, 5s and 7s.

Can you pick ten numbers from the bags that add up to 37?

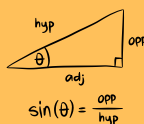


nrich.maths.org



Could you be the highest earner for your class this week!

Children can access maths activities at home that we use in school. Follow these links to find out more.



[Mathematics Shed](#)
[Times Tables Rock Stars](#)
[Top Marks](#)

