



# St. Norbert's



*We strive to nurture and develop the whole child through:  
a love of God, a love of one another and a love of life itself.*

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Friday 8th March 2024

## VIRTUES AND VALUES

**Virtue of the term**  
Faith

**Value of the Month**  
Co-operation

## LET US PRAY

Lord, when we were baptised  
you called us to be your  
children, to be your light in the  
world so that others would see  
us and know of your love. Help  
us to be a light of faith and  
hope for others to see.  
Amen.

## ARTICLES OF THE WEEK

### Subsidiarity and Solidarity CST



## A MESSAGE FROM MRS WITHERS

The children in EYFS have been learning about the 7 continents and have found facts out about penguins living in Antarctica. They have been learning about the composition of 9 and 10. They really enjoyed World Book Day, showing each other their outfits, making a book mark, decorating the classroom door and going on a book hunt!

In Year 1, we have been learning about water safety in our swimming lessons. The children found out what the special flags meant at the beach and practiced making star shapes with their bodies to keep them floating.

In Year 2 this week we have been learning how to measure in cm and meters. We have been looking at length and height, choosing the most appropriate units of measure for each job. Maybe you'd like to chat to your child this weekend about measuring things? In English we have been using repetitive words to add emphasis to our 'The Crow's Tale' story. The writing has been inspired and the stories delightful - maybe we could read some to you? We have also been learning about Kenyan food in our Design Technology and Grace Darling in our History. Have you ever been to an RNLI boat Station?

Year 3 enjoyed the activities for world book day, they are looking forward to creating their Roman Stew and creating their unique recipe. They are excited about the preparations and can't wait to taste their stew when they make it.

Year 4 have loved world book day, the children watched the BBC live lesson, completed the staff reading challenge and wrote book reviews for other children. They have also been working on developing their badminton skills in PE.

This week Year 6 have been learning about the Eucharist in RE. They have been looking at different verses in the Bible and identifying how this links to parts of the preparation for communion. They then went on to explain how belief in receiving the body and blood of Jesus influences the way that we live our life and try to make the right choices. There was a fantastic discussion and ideas in the class- a lovely spiritual time- deepening their understanding.

### UNIFORM REMINDERS:

Please can you ensure your child is in the correct uniform, we should have ties this time of the year and trainers must not be worn unless a PE Day, smart school shoes be worn. I have also noticed a few colourful and patterned earrings creeping in- you are allowed one simple gem or stud pair of earrings. If unsure please speak with myself or your child's class teacher so we can remind you of the policy and expectations.

Please remember Y6 you are welcome to Daily Wake Up Shake up club 8:15-8:45 with myself!

Please don't worry if you forgot to bring along Golden Tickets today-please bring them to school next week and hand in to me before the school day, after or at break and lunchtimes.

Happy Mothers Day for Sunday-please think about recognising the special women in your life and how you might show them how much you care this weekend.

Have a fantastic weekend and we will be ready for another week of learning on Monday! We will also be continuing to fit in as many steps as we can for our Lenten CAFOD Walk, any donations can go in pots on class prayer tables and our Solver coin palms will be gifted to church. Thank you for supporting our charitable outreach working together for the [Common Good CST](#)

### Norbert Bear

Norbert Bear will be going home with a child in reception on a Friday to spend the weekend! Please follow the instructions on Norbert's tag and tweet any photos with Norbert with your child having fun! Norbert must be returned to school on a Monday for a busy week at school!



This week Norbert Bear will be going home with Thomas.

## GOSPEL REFLECTION OF THE WEEK

Have you ever rescued another person or an animal who got badly hurt? Have you ever given anyone a second chance after they had messed things up for you? Today we hear how God loves to rescue people and give them second chances. [Dignity CST](#)

Think about dark and light, think about the expression "I saw the light" think of some time of darkness in your life, like grief, anger, addiction or illness, how and when did light enter your darkness? Reflect on what God's life-giving love does for us weak, sinful humans and on our joyful obligation in faith and hope to feed, clothe, shelter, and visit those in need. We do not earn God's love or mercy; it is something that is there, a free gift for the taking, the fruits of faith. It is by grace that we are saved, not by anything we ourselves have done. We have to be open to God's work in our lives, yes God's love is always there ready and waiting for us and we have a part to play. We say yes to opportunities to grow God's love in our lives. This is God's free gift... all we can do is accept or reject the love and forgiveness God offers. God doesn't stop loving us if we fail or do wrong or live as if there is no God. God is always there, is constant



**A Year of Prayer and Preparation: March**

“Go and sin no more” – John 8:11

Through Lent we consider ways we can seek mercy and forgiveness for our wrong doings. Jesus offers us these same gifts and graces, his forgiveness, mercy and love, whatever our walk in life. This option to turn back to him, look towards him with a broken spirit – a willingness to recognise what we have done wrong and a desirous heart to be forgiven to become renewed.

**Sacrifice**

During Lent, we reflect on the sacrifice of Jesus and what it means for our lives. The sacrifice of Jesus is a reminder that we are all loved by God, and that we too, are called to live our lives for others as humble servants.

Think about someone who makes sacrifices for you and take moment to thank them for what they do this week

**Participation CST**

**SAFEGUARDING**

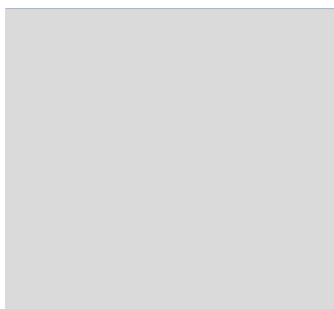
If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs Withers and Deputies Mrs. Hibbert and Mr. Morton

**jenna.withers@st-norberts.lincs.sch.uk**  
**sarah.hibbert@st-norberts.lincs.sch.uk**  
**sam.morton@st-norberts.lincs.sch.uk**

E-SAFETY FROM ALAN MACKENZIE

For Parents and Teachers - Interactive Stories Internet Matters have put together some great interactive stories/lessons covering a range of issues from self-image and identity, online bullying, relationships and more. The interactive stories can be used in the classroom and would also be really useful for parents to go through with their children. More information can be found [HERE](#).

For Parents - What is Palworld? Palworld is a new game similar to Pokemon and Digimon with a PEGI rating of 12 for fantasy-character-style violence. Given its similarity to Pokemon there's every likelihood that younger children will be playing this game and so Internet Matters have compiled some advice and guidance for parents about the game: what it is, how it works, safety settings etc. You can find the article [HERE](#).



**PUPIL OF THE WEEK**



**EYFS** - Lucas for being quick to the carpet and ready for learning this week! Great improvement!

**Year 1** - Year 1 for working so hard on their Celebration of the Word

**Year 2** - Tiwatope for his exceptional arithmetic skills this week and using and applying his strategies consistently.

**Year 3** - Max for his focus and effort this week.

**Year 4**- Leonard for his fantastic understanding of fractions.

**Year 5** - Julia-For always listening attentively and having a very positive attitude towards her learning.

**Year 6** - Viktorija for trying really hard with her learning in Maths.



**THE HEART THAT SEES AWARD**

Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

A huge thank you to our incredible PTA for collating and making up all the Withers Bars what a huge effort and so exciting for all our pupils.

Also a huge thank you to Daria who on behalf of the Lithuanian community gave out Tulips to all female staff today to mark International Women's Day.-So thoughtful!

**Common Good CST**

**ATTENDANCE**

**Well done Year 6 for this week's highest scoring attendance! School Average this week 94.19%**

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. You must inform us when your child is not attending school if we are unable to make contact **we will conduct a home visit**. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS - 91.85%
Year 1 - 93.68%
Year 2 - 94.44%
Year 3 - 93.70%
Year 4 - 94.44%
Year 5 - 95.04%
Year 6 - 96.28%

**WELLBEING**

**Mindful March**  
**Human Dignity CST**

<b>10</b> Get outside and notice how the weather feels on your face	<b>11</b> Stay fully present while drinking your cup of tea or coffee	<b>12</b> Listen deeply to someone and really hear what they are saying	<b>13</b> Pause to just watch the sky or clouds for a few minutes today
<b>14</b> Find ways to enjoy any chores or tasks that you do	<b>15</b> Stop. Breathe. Notice. Repeat regularly	<b>16</b> Get really absorbed with an interesting or creative activity	

**Useful Websites**

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)



**Grandad's Island -Benji Davies**

At the bottom of Syd's garden, through the gate and past the tree, is Grandad's house. Syd can let himself in any time he likes. But one day when Syd comes to call, Grandad isn't in any of the usual places. He's in the attic, where he ushers Syd through a door, and the two of them journey to a wild, beautiful island awash in color where Grandad decides he will remain. Sure to provide comfort to young children struggling to understand loss, Benji Davies's tale is a sensitive and beautiful reminder that our loved ones live on in our memories long after they're gone.

**Just So Stories- Rudyard Kipling**

Inspired by the bedtime stories Rudyard Kipling told his daughter that had to be recited 'just so', this collection includes mythical animal origin stories like 'How the Camel got his Hump' and 'How the Rhinoceros got his Skin', alongside other playful inventions, such as the reason for the ebb and flow of the tides and how the alphabet was invented.

**Journey to the River Sea - Eva Ibbotson**

Maia, an orphan, can't wait to reach her distant relatives a thousand miles up the Amazon. She imagines a loving family with whom she will share great adventures. Instead she finds two spiteful cousins who see the jungle as the enemy and refuse to go outdoors. But the wonders of the rainforest more than make up for the hideous twins and their parents. And when Maia meets a mysterious boy who lives alone on the wild river shores, she begins a spectacular journey to the heart of an extraordinary and beautiful new world.

**CURRICULUM FACTS, ACTIVITIES AND CHALLENGES**

**MOTHERING SUNDAY**

The new traditions of Mother's Day allow us to celebrate our mums and everything they do for us. We should not just remember our earthly mothers and grandmothers but also remember Mary, the Mother of God who is also our Mother. Mary looks out for us all year round and whenever we say a Hail Mary we are asking her to pray for us. Try saying a rosary this Sunday as a way of recognising Mary as our Mother and thanking her for all that she does for us.



**DIARY DATES**

**Wednesday 20th March**

Year 4 class worship 2.50pm  
Parents welcome

**Tuesday 26th March**

Years 3/4/5 Easter Performance  
Parents Welcome

**Thursday 28th March**

Last day of term

**Geography**

**Human and Physical features**

Human and physical features are things that you can see all around you. Physical features like seas, mountains and rivers are natural. They would be here even if there were no people around. Human features are things like houses, roads and bridges. They have been built by people. Maps can show:

- Just physical features - for example when people want to go walking in the mountains.
- Just human features - for example when people want to find their way around the streets in towns or cities.
- Both human and physical features - for example when people go walking in the countryside.

**March Writing Challenges**

1. Choose an animal and write a poem describing what makes that animal so amazing.
2. If you could plant a magical tree, what would be its superpower? Can you write a story about this magical power?
3. Write a story about a flower that comes to life and starts talking!
4. Imagine that you have turned into the size of a bee. What would you do? Describe how different everything would look.

**Maths Challenges**

**Mixed Up Socks**

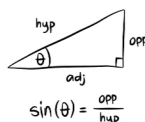
Start with three pairs of socks. Now mix them up so that no mismatched pair is the same as another mismatched pair.

Now try it with four pairs of socks. Is there more than one way to do it?

Thousands more problems can be found on the NRICH Maths website: <http://nrich.maths.org>

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Don't forget children can access maths activities at home that we use in school. Follow these links to find out more.



[Mathematics Shed](#)  
[Times Tables Rock Stars](#)  
[Top Marks](#)



**Did you Know? Today is International Women's Day**

International Women's Day is an annual event that celebrates all the amazing things women have achieved. It is a way to show how women have and continue to influence the world. As well as celebrating brilliant women, it's also used as a day to highlight and raise awareness about issues that women have faced in the past and still face today.

Historically, women have been denied the right to vote, to work, and lots of other things, too. Because of brilliant women who fought against these things, women now have a lot more say in the world around us. But there are still many issues that women continue to face and fight for today. Maybe you could find out about some of these amazing women like: Harriet Tubman, Amelia Earhart or Florence Nightingale.

# Nutrition and Hydration Week

Nutrition and Hydration Week has taken place every March since 2012. Its purpose is to bring people together to create energy, focus and fun in order to highlight and educate people on the value of food and drink in maintaining health and well-being in health and social care.



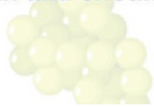
## Fruity Facts

Community  
Dental  
Services



### DID YOU KNOW?

The sugars in whole fruits are not harmful to teeth. Once that whole fruit has been processed- for example blended into a smoothie, made into juice or dried like raisins, then the sugar is released and becomes 'free'. These 'free' sugars are harmful to teeth and should only be eaten as part of your meal.



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Whole Fruit is a great snack for our body. Just be mindful when fruit is changed in anyway it is not a safe option for our teeth.  
#NHWeek #OHILincolnshire  
@comminutydentalservices  
@NHWeek



We are proud to support  
Nutrition and Hydration Week  
11th to 17th March 2024



Did you know having a dry mouth puts you at risk of tooth decay. Sip plain water regularly to help protect your teeth and stay hydrated!

#NHWeek #OHILincolnshire  
@comminutydentalservices  
@NHWeek

Drinking plain water will not only keep you hydrated, it will help to protect your teeth.



Sipping water regularly will keep your mouth moist and reduce the risk of dental decay.



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## Tooth Friendly Swaps

Community  
Dental  
Services

Foods and drinks that we think are healthy for our body, are not always tooth friendly.

Find below some tooth friendly swaps that could make a difference to your oral health.



cereal bar



Porridge



Fruit loaf



Vegetable sticks



Fruit juice



Water or milk.



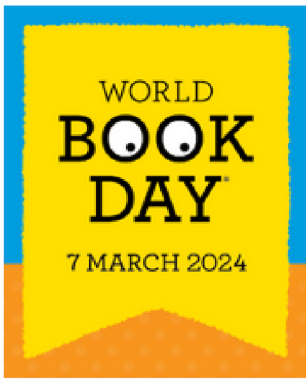
Raisins



Whole fruit

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Healthy for your body doesn't always mean healthy for your teeth! Keep all sugary food and drink to meal times only.  
#NHWeek #OHILincolnshire  
@comminutydentalservices  
@NHWeek



# World Book Day

The children have enjoyed a fantastic World Book Day this week, exploring different texts in the classroom, taking part in a book hunt in KS1 and a guess the teacher and book activity in KS2. Thank you to the reading ambassadors for providing and promoting our activities.

We'd also like to thank our families for your generosity in purchasing the 'Withers Bar' in support of the Friends of the School PTA.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Reading BINGO CHALLENGE



Complete as many boxes as possible for the month of March, writing in the name of each text or providing evidence of completion. The deadline is the end of term Thursday 28th March 2024. All completed challenges will receive a reading prize!

Read a poem	Read a short story	Read a funny book	Read outdoors	Read a fairy tale
Make a poster of your favorite character in a story	Read a book by a new-to-you author	Read a book with a title that starts with S	Read a book released in 2025	Write or draw a new ending for a story you've just read!
Read a book with superheroes in it	Read a book your friend loves	YOUR OWN CHOICE	Read a book with a blue cover	Read a book in one day
Read a nonfiction book	Design a new cover for a book	Read a book about an animal	Read a book you own	Listen to an audio book
Research an author you admire	Read about a historical event	Read your favorite book	Borrow a book from a library (this can be the school library)	Read a book to a younger child



Don't forget to complete your reading challenge bingo form and return by the end of term for a certificate and prize.



## FREE AUDIOBOOKS

