



St. Norbert's



*We strive to nurture and develop the whole child through:
a love of God, a love of one another and a love of life itself.*

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Friday 15th September 2023

VIRTUES AND VALUES

Virtue of the term

Friendship

Value of the Month

Respect

LET US PRAY

Lord, you are kind and forgiving. Fill us with your spirit of generosity so we can share your love and mercy with others.
Amen.

ARTICLES OF THE WEEK



A MESSAGE FROM MRS WITHERS

EYFS have had another busy week! They are continuing to learn our class rules and routines and have had their first music session too!

In RE, Year 1 listened to a Psalm and learned about God's love and care. They found special words in the scripture and using these words, went on a scavenger hunt for these examples. They found hundreds of hearts with words from our scripture and freely shared these with others- demonstrating how good God's love is and how it is for all of us.

In Year 2 this week, they have been learning about Place Value in Maths and how many groups of ten there are in numbers up to 100. In their English lessons they are learning about adjectives as we describe the characters in Little Red Reading Hood - there are many amazing adjectives to be found in the world of words! They have also been inspired by the Creation story in religious Education and are trying to remember all the different days when God created the World.

Year 3 had a fabulous RE lesson on Wednesday looking at the painting by Millais 'The Carpenter's Shop' they had a wonderful discussion and look at all their ideas! Well done Year 3.

Year 4 have been exploring how to describe events in the Disney short animation 'Feast' using rich and adventurous vocabulary.

In Year 5, we have been working diligently to conquer challenging problem-solving and reasoning questions, particularly when it comes to calculating powers of 10. Their use of Gattegno charts to tackle mathematical challenges enabled them to solve calculations using a variety of methods. In Geography, I've witnessed some super discussions about settlements, drawing upon their prior learning in Year 4. They've showcased an impressive grasp of the subject matter, contributing to engaging class conversations and activities. One of the highlights was a 'Diamond 9' activity, where we delved into the intriguing question of how our needs have evolved over the last century. It was a thought-provoking exercise that sparked insightful discussions. The consensus? The internet and electronic devices have undeniably transformed our perceptions of needs and wants, prompting us to reflect on the ever-evolving world around us.

Year 6 have got off to an excellent start this week. They have taken on their leadership roles with enthusiasm and have all signed up to help at lunchtimes throughout the term, lead class based workshops, set up the hall for worship as well as roles and responsibilities in class. They are shaping up to be an outstanding Year 6 cohort.

Message from Mrs Bowser (Chair of Governors)

Currently, we are looking to recruit new governors to our team. We have one Parent Governor position available, you are not required to be a Catholic to fulfil this role. We also have Foundation Governor positions available, for which you are required to be a practicing Catholic.

Are you curious to find out more about how you can support St Norbert's school and your child's learning journey? Then please contact me on the following email address: janet.havemann@st-norberts.lincs.sch.uk
I'm happy to answer any questions or meet with you to discuss governance in more detail.

A date for the calendar - **World Sepsis Day on the 13th of September 2023** Approximately 25000 children are affected by sepsis in the UK each year. To raise awareness, the UK Sepsis Trust (UKST) has developed a band of PSHE resources for Schools so that staff and the 11.7 million students can better understand the seriousness of Sepsis. For more information, including access to resources please [click here](#).

Have a lovely weekend and keep safe in the sun!

Mrs Withers x

GOSPEL REFLECTION OF THE WEEK

Have you ever had to forgive someone when they have done something wrong to you? Sometimes it is hard to forgive others. Today Jesus tells us that if we want God to forgive us then we must first learn to forgive each other.

Forgiveness always sounds very holy and pious, but when it comes to being wronged ourselves we can find that our feelings get in the way. Can you recall a time when you experienced this? How did you respond, and what happened? Were you able to forgive? When you consider this, think about how you forgive and experience forgiveness in your place of work, your home, your community. Does this story help you to move past an initial response into a place where God's mercy can be manifest towards other people? During the week, work on the things that need healing and reconciliation in your life.



This term we focus on Missionary Discipleship

Blessed Carlo Acutis was diagnosed with Leukemia as a teenager and offered his life and sufferings for Pope Benedict XVI and for the Church. He died aged 15 years old and is an example to use on the power of youth and what young people can achieve when filled with the grace of the Holy Spirit, as Blessed Carlo Acutis was.

How could you explore the story of Blessed Carlo Acutis with your young people and help them to Encounter Christ through his example? Could he be used as an example to show that we are all called to be saints?

Outreach

Outreach is the act of reaching out to others with the message of God's love. It is about sharing the good news of Jesus Christ with those who do not know him. Outreach can take many forms, but it always involves going out to those who are most in need, or who feel left out and sharing God's love with them.

SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs Withers and Deputies Mrs. Hibbert and Mr. Morton

jenna.withers@st-norberts.lincs.sch.uk
sarah.hibbert@st-norberts.lincs.sch.uk
sam.morton@st-norberts.lincs.sch.uk

Working together to safeguard and promote the welfare of children



Parent Guides

The NSPCC offer a range of parent guides that offer information, support and advice in a variety of topics. These include deciding whether they are ready to walk home alone and help with talking about difficult topics. Click [here](#) to have a look at what is available.

E-Safety

Visit our [Online Safety page](#) on the school website which has links to different sources of information.

UK Safer Internet Centre online has lots of interesting information in his latest weekly update. Click [here](#) to read the latest advice on how to stay safe online and with different devices.

PUPIL OF THE WEEK



- EYFS** - Greta for super listening and following instructions
- Year 1** - Mylo for his beautiful behaviour and readiness for learning.
- Year 2** - Dilanas for his exceptional mathematics work and completion of this week's challenges.
- Year 3** - Evie for her wonderful maths learning and showing such resilience.
- Year 4** - Auguste for her amazing Science learning.
- Year 5** - Melanie for a well-presented annotated piece of work about the collage artist Robin Brooks.
- Year 6** - Melanie for a well-presented annotated piece of work about the collage artist Robin Brooks.



THE HEART THAT SEES AWARD



Each week the staff and pupils can all nominate their peers for this award, for those acts of mercy and kindness.

ATTENDANCE

Well done Year 3 for this week's highest scoring attendance!

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice.. You must inform us when your child is not attending school if we are unable to make contact we will conduct a home visit. Pupils should be at school by 8:45 to avoid being marked as Late.

EYFS	96.17%
Year 1	98.52%
Year 2	97.52%
Year 3	99.26%
Year 4	94.17%
Year 5	97.84%
Year 6	95.79%

WELLBEING



Keep learning: Learning new things is a good way to meet new people and boost our self confidence, which in turn improves our mental health and wellbeing.

Here are some ideas to keep learning:

- Try out a new recipe once in a while
- Book yourself onto a wellbeing course or training session, which can be seen [here](#)
- Join a class to learn a new language or musical instrument
- Learn something new about the people around you

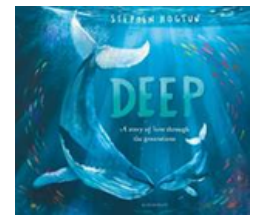
Useful Websites

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)



Deep, A story of love through the Generations- Stephen Hogtun

Follow a whale and its mother through the deep ocean as it grows up and learns how to survive on its own. Breathtakingly beautiful and deeply moving.

Leif the Unlucky Viking: Saga of the Shooting Star - Gary Northfield

Leif, a hapless Viking wolf pup, embarks on a secret mission to locate a missing shard from Thor’s hammer. This hilarious Viking adventure has oodles of laughs on every page.

The Boy in the Smoke - Rachel Faturoti

When Isaiah discovers a time portal in the basement of his tower block, he meets Jacob, who lived in the same building when it was a workhouse in the 1830s. This gripping, multilayered time-slip novel explores poverty from both a historical and contemporary perspective.

BOOKS

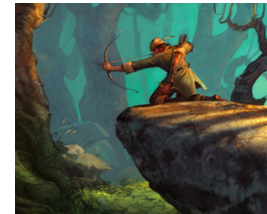
If you have any books still in good condition that you would like to donate to the school, please bring them to school office.



CURRICULUM FACTS, ACTIVITIES AND CHALLENGES

Writing Challenge

Can you research and then draw a medieval longbowman? Think carefully about his clothes and weapons. you could even write some instructions about how to fire a longbow!



Geography

Welcome back to another school year, hopefully you've all had a Geography lesson to experience how amazing Geography is! Geography is something that is all around us we have physical features like seas, mountains, (neither of these in Spalding) rivers and lots of other features. We also have human features like towns, cities, bridges, farms, factories, and roads. So, on your way back and from school remember geography is all around you and there is a whole world of geography.

Here are some fun geography facts:

1. The Earth's coldest spot is cold enough to freeze carbon dioxide.
2. Roughly a third of the Earth's land is desert!

More facts next week.

Source : 101 mind-bending Geography fun facts B C Lester books

DIARY DATES

Swimming this term every **Tuesday Y3**

Harvest service in school **1:30pm- Friday 20th October**

Class Wednesday Worship
 Year 5 - 20th September
 Year 4 - 27th September
 Year 6 - 4th October
 Year 3 - 11th October
 Year 2 - 18th October

End of term 1 - **Friday 20th October**

Maths Challenge

Nickname Challenge

Jack, Billie, Francis and Abbie are cousins. They each have a nickname. Their nicknames are Bambi, Cheeky, Ducky, and Giggles but not in that order. What is the nickname of each of the cousins?

Clues
 Francis plays tennis with Cheeky and goes swimming with Ducky and Bambi.

Abbie has been on holiday with Cheeky but travels to school with Giggles and Ducky.

Bambi, Cheeky and Jack play in the football team.

Bambi sometimes goes to tea with Francis.

Number Neighbour Challenge

Take ten cards numbered 0 to 9 and arrange them like this.

Do it so that no two consecutive numbers are next to each other, horizontally, vertically or diagonally.

There are lots of ways to do it.

How many ways can you find?

SELF-CARE SEPTEMBER

Be willing to share how you feel and ask for help when needed.

Aim to be good enough rather than perfect.

When you find things hard remember it's okay not to be okay.

Self-Care September 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	Plan a fun or relaxing activity and make time for it.	Pardon yourself when things go wrong. Ever gone mad? It's not a crime!	Focus on that positive and give it a shout-out!	Give yourself a thumbs up for any win, no matter how small.	Be willing to step back when you need to. It's not a failure, it's a strategy.	Notice the things you do well. Appreciate yourself!	Let go of self-criticism and embrace yourself!
2	Make time to do something you really enjoy.	Send a text, make a call, or give your friend a shout-out!	Be as kind to yourself as you would be to a friend.	If you're busy, allow yourself to be busy. It's not a failure, it's a strategy.	Take a walk, listen to music, or do anything that makes you feel good.	Leave a positive message for yourself to see later!	Be proud of any little things you've done and be kind to yourself!
3	Ask a trusted friend to tell you what strengths they see in you.	Notice what you are feeling without any judgement.	Be proud of the things you've done, no matter how small.	Don't compare your progress to others. You are your own journey.	Take your time. Make space for yourself to be happy and be well.	Let go of other people's expectations of you.	Be proud of any little things you've done and be kind to yourself!
4	Find a new way to use all of your strengths or talents.	Take up time by yourself, even if it's just for a few minutes.	Choose to see your mistakes as steps to help you learn.	Write down three things you are grateful for about yourself.	Remember yourself that you are enough, just as you are.		

ACTION FOR HAPPINESS: Happier · Kinder · Together