



# St. Norbert's

## Catholic Voluntary Academy

*We strive to nurture and develop the whole child through:  
a love of God, a love of one another and a love of life itself.*



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Friday 19th May 2023

### VIRTUES AND VALUES

#### Virtue of the term

Love

#### Value of the Month

Self-Belief

### LET US PRAY

Dear Lord,  
you tell us that you are with  
us always and we need never  
be afraid. Help us to do your  
work in the world until you  
send Jesus back to us in  
glory.  
Amen.

### ARTICLES OF THE WEEK



## A MESSAGE FROM MRS WITHERS

This week we have been exploring Mental Health Awareness Week. As part of our deeper focus this week we have had two special worships exploring what mental health and well-being is and how to maintain it. On Monday we wore green in our hair and decorated our faces with green hearts as part of the 'Wear it Green' campaign. Thank you for all your donations for the Mental Health Foundation.

Wednesday this week marked National Numeracy Day, understanding and developing number sense is such an important life skill, please use the link below to access resources for children and families. <https://www.nationalnumeracy.org.uk/helping-children-maths/families>.

Year 5 have had a busy week, planning and delivering a class worship. They were busy thinking about the transforming power of wind, water, fire and the sun, and how as people we might be transformed or changed. After forming small groups, they depicted how the Holy Spirit transforms their lives through drama tableaux and a video diary. With the Holy Spirit living inside of us, it creates a better place for us all to live in. We can turn our energy into positive outcomes for all of those to see around us. We can be the disciples in day-to-day life that Jesus wants us to be.

Year 1 have been celebrating the diverse world we live in. Using the wonderful story - all are welcome here- they discussed similarities and differences in their class, school and wider community. They considered ways we can make everyone feel welcome and that we should make everyone feel safe, happy and respected. Some wonderful rights respecting talk.

Things that we have done this week in Year 3. The children are creating their own piece of music incorporating beat boxing and body percussion and we have a professional musician visiting next week.

Another busy week in EYFS! The children have really enjoyed watching the chicks grow and change this week. They have been very kind and gentle with the chicks, stroking and giving cuddles! We will miss them but they have gone to a very lovely home! We have been enjoying our book Chocolate cake by Michael Rosen, recalling key events, describing the yummy in my tummy (Josephine's quote) cake and learning how to make a chocolate cake! In math's we have been subtracting! And lots more!

In Year 2 we have been focusing on our Reading comprehension, our spelling patterns and also our Grammar understanding. We have also been learning about how to grow cress in Science, what plants need and what we can do when things have grown....we are all looking forward to making cress sandwiches!

This week Year 2 have had a busy week sitting their SATs tests every day. They have worked hard and tried their best throughout and we are immensely proud of your mature attitudes and resilience. Mr Morton and Mrs Barratt commend each of you for working so hard to achieve your best. Well done Year 2!

Prayers and blessings for the week ahead.

*Mrs Withers x*



### GOSPEL REFLECTION OF THE WEEK

Has someone you cared about ever gone away and left you? How did it feel? Jesus was returning to his Father and he knew that his friends would be feeling really lost when he went. But he had finished the work that he was to do. Now it was time to leave the disciples with a mission, with some work to do. What was that work? Who does this work today?

Jesus tells his disciples that he will be with them until the end of the world. How do you experience God's presence in your life today? Just as the disciples have been sent by Jesus, so too are we sent at the end of each Mass with the words, "Go . . . ." Most of us don't have a mission to go to the ends of the earth, but our mission field is the place where we are, those whom we come in contact with in our day to day life. Be aware this week of the practical ways that you can witness to Christ in your life - by your hospitality, your treatment of others, your response to their needs, the way you share your faith, your joy.



**This term we focus on Missionary Discipleship**

Can you learn a new piece of knowledge and then teach it to someone else?  
 Maybe it could be a fact about Jesus, or our faith? Or it could be something completely random! How does it feel to share your knowledge? What do you hope to learn next?

**Communication**

Communication is a huge part of our everyday lives. We can communicate faster and with more people than ever before and this week we think about those things that we need to share and communicate with others. We are called during Eastertide to proclaim the Good News and this week we can use all forms of communication that we have to share God's message and to celebrate God's love for us in our lives. This week think about how you can share some Good News with others.

**SAFEGUARDING**

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs Withers and Deputies Mrs. Hibbert and Mr. Morton

jenna.withers@st-norberts.lincs.sch.uk  
 sarah.hibbert@st-norberts.lincs.sch.uk  
 sam.morton@st-norberts.lincs.sch.uk

Working together to safeguard and promote the welfare of children



**Parent Guides**

The NSPCC offer a range of parent guides that offer information, support and advice in a variety of topics. These include deciding whether they are ready to walk home alone and help with talking about difficult topics. Click [here](#) to have a look at what is available.

**E-Safety**

Visit our [Online Safety page](#) on the school website which has links to different sources of information.

UK Safer Internet Centre online has lots of interesting information in his latest weekly update. Click [here](#) to read the latest advice on how to stay safe online and with different devices.

**PUPIL OF THE WEEK**



- EYFS** - Zakhar – for really engaging in learning, especially maths!
- Year 1** - Oliver for focussing well and working so hard on his learning
- Year 2** -Kacper for his exceptional calmness and thoughtfulness during our SATs week tests.
- Year 3** - Bentley for his contribution in our music lessons
- Year 4**- Oliver for his love of school and positivity.
- Year 5** - David for his beautiful reading at Mass
- Year 6** - Wiktoria for fantastic skill development in Art.

**THE HEART THAT SEES AWARD**



Each week the pupils can all nominate their peers for this award, for those acts of mercy and kindness. Miss Bools nominated Teddie as he asks her every day how she is, as she recovers from her injury-how thoughtful! Well done to Teddie-Jay

**ATTENDANCE**

**Well done Year 2 for this week's highest scoring attendance!**

Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice.. You must inform us when your child is not attending school if we are unable to make contact we will conduct a home visit. Pupils should be at school by 8:45 to avoid being marked as Late.

- EYFS - 97.41%
- Year 1 - 96.83%
- Year 2 - 97.42%
- Year 3 - 95.93%
- Year 4 - 96.05%
- Year 5 - 94.25%
- Year 6 - 95.93%

**WELLBEING**

**Be kind to yourself**

It is important to take time to think about how you feel so you can see how you can help yourself feel better. Track your feelings over one day. On a piece of paper or in a diary, write or draw how you feel when you wake up in the morning, at lunchtime, in the afternoon and just before you go to bed. At the end of the day, look at your emotion tracker. What was the high point of your day? What positive thing can you take from today and do again tomorrow?

**Useful Websites**

[Young Minds](#)

[Place 2 Be](#)

[Mentally Healthy Schools hub by Heads Together](#)

[Our Time](#)

**Meaningful May**

21 Look up at the sky. Remember we are all part of something bigger.	22 Find a way to help a project or charity you care about.	23 Recall three things you've done that you are proud of.	24 Make choices that have a positive impact for others today.	25 Ask someone else what matters most to them and why.	26 Remember an event in your life that was really meaningful.	27 Focus on how your actions make a difference for others.
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**Recommended Reads**

**Let's Stick Together - Smriti Halls**

Squirrel and Bear are the best of friends, but sometimes they don't see things in quite the same way. For instance, when Squirrel decides they should have a party, Bear is very into the idea until anxiety strikes and he starts to feel that perhaps it would be better for everyone if he just went to bed.

**The Wishkeeper's Apprentice - Rachel Chivers Khoo**

Can Felix and his new friend the wishkeeper stop a monster from destroying everyone's happiness? A delightfully charming and perfectly plotted adventure that packs a real emotional punch.

**Gold Medal Mysteries: Thief on the Track - Ellie Robinson**

Can Hannah and her new friends find the missing gold medals at the Olympic Games? A satisfying mystery, celebrating sport and friendship across the borders.

ART CLUB

This week was the wonderful Monet.

The children loved the National Gallery's zoom in tool to be able to see the range of colours and strokes made on his Waterlilies painting. The children then experimented with using soft pastels in a range of ways to replicate the colour palette and enjoyed adding a few paper lilies for detail.



DIARY DATES

Every Tuesday Year 3  
Swimming

Wednesday 24th May EYFS  
Class Worship

End of term Friday 26th May

CURRICULUM FACTS, ACTIVITIES AND CHALLENGES

**Science**

**Science Podcast**



The Science Weekly podcast is released every Saturday and is packed full of wicked science stories, facts, and things to make you go 'wow!' Click [here](#)

**Writing - Poetry Competition - CLOSING 26TH MAY**

Find out more at on the [Young Writers](#) website



**5-7 Year olds**

It's time for your child to have some creative fun, from the jungle or the Arctic to the local area or zoo... with Poetry Safari the possibilities are endless. They could write about an animal from their favorite book, be inspired by their pet, or even create their own crazy creature. Whatever they decide your child will LOVE writing for a purpose and a new audience.

**7-12 Year olds**

Engage your child with writing a poem inspired by a monster they have created & watch them blossom into a confident writer! It's a fab way to learn about poetic techniques as well as narrative poems & acrostics, which work so well for this poetry theme.

**Music - Spalding Music Centre**

Following our work with Lincs Music Service and the wonderful ukulele concert, many parents have been interested in getting their child signed up to access the other opportunities at Spalding Music Centre. Spalding Music Centre meet on Tuesday evenings 4.15-5.15 starting on 25th April this term. There is no cost, just turn up at Broad St Methodist Church on Tuesday the information on how to enrol will be given to you. Any player can attend, not just the pupils who took part in the ukulele project! The Spalding Music Centre looks forward to meeting you! Follow the [link](#) to find out more.

NETBALL!

On Tuesday evening we celebrated the tremendous efforts and resilience of our Netball Team as they played their Semi- Final match against Monkhouse Primary school. It was a very close match with both teams evenly placed to win. At one point during the match the scores were equal, then Monkhouse took advantage of a penalty and took the lead in the match. Our team played determinedly to win back the points in the 3rd and 4th quarter but alas, it wasn't to be their night. The final scores were a respectable 7 -4 to Monkhouse. Well done to all our Netball Team and their continued commitment to each game within the league. We are proud of you.