

Our Father

who art in heaven,
hallowed be Thy name.
Thy Kingdom come.
Thy will be done
on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us,
and lead us not
into temptation,
but deliver us from evil.
Amen.

Hail Mary

full of grace,
the Lord is with thee.
Blessed art thou
among women
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners,
now and at the hour
of our death.
Amen.

Glory be

to the Father,
and to the Son,
and to the Holy Spirit.
As it was
in the beginning,
is now,
and ever shall be,
world without end.
Amen.

The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son,
our Lord, who was conceived by
the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell; on the third
day He rose again from the dead;
He ascended into heaven, and is seated
at the right hand of God the Father
almighty; from there He will come
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body
and life everlasting. Amen.

Hail, Holy Queen

Mother of Mercy, our life,
our sweetness and our hope.
To you do we cry, poor
banished children of Eve.
To you do we send up our sighs,
mourning and weeping
in this valley of tears.
Turn then,
most gracious advocate,
your eyes of mercy toward us,
and after this exile show unto us
the blessed fruit
of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Come Holy Spirit

fill the hearts of your faithful
and kindle in them
the fire of your love.
Send forth your Spirit
and they shall be created.
And You shall renew
the face of the earth.
O, God, who by the light
of the Holy Spirit,
did instruct the hearts
of the faithful, grant
that by the same Holy Spirit
we may be truly wise
and ever enjoy His consolations,
Through Christ Our Lord,
Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side
of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be
separated from Thee.
From the malicious enemy
defend me.
In the hour of my death call me,
and bid me come unto Thee.
That with Thy Saints
I may praise Thee
forever and ever. Amen.

Act of Contrition

My God, I am sorry
for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against You
whom I should love
above all things.
I firmly intend, with Your help,
to do penance, to sin no more,
and to avoid whatever
leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In His name, my God,
have mercy. Amen.