

Curriculum Overview

Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

Created and loved by God (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

Created to love others (this explores an individual's relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

Created to live in community – local, national & global (this explores the individual's relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of 'Education in Virtue' and 'Religious Understanding' as well as strands which cover the PSHE content of the theme.

**From summer term 2021, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.*

It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil's involvement within Collective Worship.

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	I know: That I am made by God	Myself (Domestic Church- Autumn term)	Wonder at God's love Nursery p.7		1. We are all special		Picture my World resource	
	What I am good at		God loves each of us in our uniqueness Reception p.12		2. I can say one good thing about myself	Self-confidence and self-awareness (40-60+mths)	Picture My World	
Theme 1: Created and Loved by God	Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)					Picture My World resource	World Environment Day 5 June
	I know: That I am living and growing	Growing (Lent/Easter Spring term)				The world (30 – 50mths)	Harvest Resources	
	That a baby grows inside its mother's womb before birth		God loves each of us in our uniqueness Reception p.14					International Women's Day

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	I can: Identify living things					Understanding the world (30 – 50mths)		World Wildlife day 3 March
	Be patient when I do not get what I want straight away					Managing feelings and behaviour (30-50mths)		
	I know : What I like and dislike		Wonder at God’s love Nursery p.9			Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Name similarities and differences between myself and others		Wonder at God’s love Nursery p.8 God loves each of us in our uniqueness Reception p.11		35. I notice we are the same and we are different	The world (40-60+mths)		World Day for Cultural Diversity 21 June

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	Keep clean by washing and drying my hands					Health and self – care (30-50mths)		World Health Day 7 April World water day 22 March
	That a baby grows inside its mother’s womb before birth		God loves each of us in our uniqueness Reception p.14					International Women’s Day
	I know: What I like and dislike		Wonder at God’s love Nursery p.9			Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Say how I feel at different times		Wonder at God’s love Nursery p.9					

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 2: Created to love others	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June
	I can: Say 'please' and 'thankyou'				19. I try to use words that make the world a better place	Managing feelings and behaviour (40-60+mths)	Picture my World resource	
	That God loves me and I can talk to God through prayer	All Topics	Wonder at God's love Nursery p.10 God loves each of us in our uniqueness Reception p.14					
	Say 'sorry'	Friends (Reconciliation-Summer term)			31. I know how to show I am sorry	Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September
	That Jesus cares for me and I am part of God's family	Myself (Domestic Church-Autumn term)						Universal children's day 20 November

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)						
	I know: Who can help me in school				25. I know when to ask for help and who to ask for help from	Self-confidence and self-awareness (30-50mths)		
	That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)	God loves each of us in our uniqueness Reception p.11			Understanding the world People and communities(22-36mths)		International Day of Families 15 May
	I can: Identify special people (family, carers, friends) in my life		God loves each of us in our uniqueness Reception p.12			Making relationships (30-50mths)		
	When people are being unkind to me or others and how to respond				5. I know what to do if I see anyone being hurt	Making relationships (30-50mths)		

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
Theme 3: Created to live in community – local, global & national	To explore who my neighbour is – locally / globally	Our World (Universal Church Summer term)					Picture my World resource	
	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June
	Right and wrong actions	Friends (Reconciliation-Summer term)				Managing feelings and behaviour (40-60+mths)		
	To make the sign of the cross							
	That Jesus tells us to love one another	Friends (Reconciliation-Summer term)			19. I try to use words that make the world a better place			

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	Links to Global Calendar
	Show friendly behaviour towards others		God loves each of us in our uniqueness Reception p.13			Making relationships (30-50mths)		Fair Trade Fortnight February
	Ask questions about the wider world	Our World (Universal Church Summer term)				Understanding the world –the world (40-60+mths)	God's Wonderful World linked to (Come and See Universal Church)	World Environment Day 5 June

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church- Autumn term)		2. I can say one good thing about myself				
Theme 1: Created and Loved by God	Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16	20. I try to appreciate the beauty and the wonder in the world around me		Picture My World resource A Day with Musa resource	World Environment Day 5 June	
	I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15		Living things and their habitats Y2 Sc2/2.1b Lent 1 Animals including humans Y1, Y2 Sc2/2.3b Advent 1/Pent 1			
	That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)					International Women's Day 8 March	

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)		23. I try to keep going when things get difficult and not give up hope				Thinking Positive (Y1) Managing Thoughts and Feelings (Y2)
	I can: Identify the needs of people and other living things.				Animals including humans Y2 Sc2/2.3c		Human Rights Day 10 December	
	Describe the similarities and differences between people (general)			35. I notice that we are the same and we are different		A Day with Musa resource	World Day for Cultural Diversity 21 June	Difference & Diversity - local (Y1) Difference & Diversity – global (Y2)
	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			9. I can tell you how I look after myself 10. I think before I make choices that affect my health (circle time)	Animals including humans Y2 Sc2/2.3c	Health resource Water resource	World Health Day 7 April World Water Day 22 March	Dental Care (Y1) Medicines (Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	I know: That we all have different likes and dislikes					A Day with Musa resource One Day One World resource		Difference & Diversity - local (Y1) Difference & Diversity – global (Y2)
	I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God’s love in our family Y1 p.15 We meet God’s love in the community Y2 p.19	3. I can say how I feel (circle time)			International Day of Families 15 May	Thinking Positive (Y1) Managing Thoughts and Feelings (Y2)
	I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God’s love in our family Y1 p.18	1. We are all special			Universal Children’s Day 20 November	

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Talk about my mood and know that how I am feeling is a normal part of daily life			3. I can say how I feel (circle time)				Thinking Positive (Y1) Managing Thoughts and Feelings (Y2)

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			19. I try to use words that make the world a better place				

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18 We meet God's love in the community Y2 p.19- 22					
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19	15. I know I belong to a community that includes my school		Refugees resource Universal Church topics	World Refugee Day 20 June	Difference & Diversity – global (Y2)
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		31. I know how to show I am sorry			International Day of Peace 21 September	
	Be forgiving, able to say sorry to mend relationships	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		31. I know how to show I am sorry 29. I try to forgive people when they hurt me			International day of Peace 21 September	Thinking Positive (Y1) Managing Thoughts and Feelings (Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	Thinking Positive (Y1) Managing Thoughts and Feelings (Y2) TEAM (Together Everyone Achieves More) Y1/Y2
	Look after myself and show respect to others			13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	World Faith Week 22-29 October	TEAM (Together Everyone Achieves More) Y1/Y2
	Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		31. I know how to show I am sorry				Thinking Positive (Y1) Managing Thoughts and Feelings (Y2) TEAM (Together Everyone Achieves More) Y1/Y2
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)						Thinking Positive (Y1) Managing Thoughts and Feelings (Y2) TEAM (Together Everyone Achieves More) Y1/Y2

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		3. I can say how I feel (circle time)				Thinking Positive (Y1) Managing Thoughts and Feelings (Y2) TEAM (Together Everyone Achieves More) Y1/Y2
	Describe how to keep safe in the sun			9. I can tell you how I look after myself 10. I think before I make choices that affect my health (circle time)		Health resource	World Health Day 7 April	Keeping Safe (Y2)
	I know: Who to go to if I am worried or need help			25. I know when to ask for help and who to ask for help from				Keeping Safe (Y2) Digital Wellbeing & Safe Relationships(Y1, Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19				Refugee Week June International Day of Families 15 May	
	I can: Recognise what makes people special.	Neighbours Y1 (Universal Church Pent Term) Treasures Y2 (Universal Church Pent 2)		1. We are all special		KS1 Bangladesh resource	International Day for Children 12 April	TEAM (Together Everyone Achieves More) Y1/Y2
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			5. I know what to do if I see anyone being hurt 7. I try to stand up for myself and others			Anti-Bullying Week November Internet Safety Week February	TEAM (Together Everyone Achieves More) Y1/Y2 Digital Wellbeing & Safe Relationships(Y1, Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19				Anti-Bullying Week November Internet Safety Week February	TEAM (Together Everyone Achieves More) Y1/Y2 Digital Wellbeing & Safe Relationships(Y1, Y2)
	Recognise the characteristics of positive and negative relationships			26. I can recognise comfortable and uncomfortable feelings (circle time)				TEAM (Together Everyone Achieves More) Y1/Y2 Digital Wellbeing & Safe Relationships(Y1, Y2)
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable		We meet God's love in the community Y2 p.19	26. I can recognise comfortable and uncomfortable feelings (circle time)			Anti-Bullying Week November Internet Safety Week February	TEAM (Together Everyone Achieves More) Y1/Y2 Digital Wellbeing & Safe Relationships(Y1, Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Get adult help if someone is hurt		27. I know how to help others when they are in trouble				Emergency Services Day	Keeping Safe (Y2) TEAM (Together Everyone Achieves More) Y1/Y2 Digital Wellbeing & Safe Relationships(Y1, Y2)

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 3: Created to line in community – local, global & national	Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term) Neighbours Y1 (Universal Church-Summer term)		15. I know I belong to a community that includes my school		KS1 Bangladesh resource Laudato Si Care for our Common Home	Fair Trade Fortnight February	Difference & Diversity - local (Y1) Difference & Diversity – global (Y2)

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19			Fair Trade Resource Laudato Si Care for our Common Home	Fair Trade Fortnight February	Difference & Diversity – global (Y2)
	To make, and understand the sign of the cross	All Come and See Topics						
	Be friendly and can make friends			18. I cooperate with others in work and play. (circle time)				TEAM (Together Everyone Achieves More) Y1/Y2
	That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)						TEAM (Together Everyone Achieves More) Y1/Y2
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		31. I know how to show I am sorry			International Day of Peace 21 September	

Key Stage One

		Come and See	Journey in Love	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	TEAM (Together Everyone Achieves More) Y1/Y2 Difference & Diversity - local (Y1) Difference & Diversity – global (Y2)

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 1: Created and Loved by God	I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church-Autumn term) Other Faiths weeks	God loves us in all our differences Y4 p. 28 - 32	35. I notice that we are the same and we are different 36. I try to be accepting of others		One Day One World	Universal Children's Day 20 November International Day for Tolerance 16 November	
	That God wants me to use my individual gifts, talents and abilities		God loves us in all our differences Y4 p.30	2. I can say one good thing about myself				
	Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		33. I try to accept forgiveness from others		Peace and Conflict resource	International Day of Peace 21 September	Thinking Positive (Y3)
	Be grateful to others for the good things in my life	Homes Y3 (Domestic Church-Autumn term)		20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June	Thinking Positive (Y3)

Lower Key Stage Two

	<p>I know: That my body is changing as I grow and some of the changes that occur throughout life.</p>		<p>God loves us in all our differences Y4 p.28-32</p>				<p>Universal Children's Day 20 November International Day for Older Persons 1 October</p>	
	<p>How a baby grows and develops in its mother's womb</p>	<p>Visitors Y3 (Advent-Autumn term)</p>	<p>God loves us in all our differences Y4 p.28-32</p>				<p>International Women's Day 8 March</p>	
	<p>Accept that I do not always get what I want and show an awareness of why this is</p>	<p>Self-Discipline Y4 (Lent/Easter-Spring term)</p>		<p>10. I think before I make choices that affect my health</p>				<p>Thinking Positive (Y3) TEAM (Together Everyone Achieves More) (Y3)</p>
	<p>I can: Describe the needs of people and other living things, including the need to reproduce</p>		<p>God loves us in all our differences Y4 p.28-32</p>					
	<p>Describe the similarities and differences</p>		<p>God loves us in all our differences</p>	<p>35. I notice that we are the same and we are</p>		<p>One Day One World resource</p>	<p>Universal Children's Day 20 November</p>	

Lower Key Stage Two

	between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		Y4 p.28-32	different				
	Describe a healthy lifestyle, including physical activity, dental health, healthy eating, sleep and hygiene			9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals including humans Y3 Sc3/2.2		World Health Day 7 April World Toilet Day 19 November	Healthy Bodies (Y4)
	I can: Confidently say what I like and dislike		How we live in love Y3 p.26	2. I can say one good thing about myself		One Day One World resource		
	I can: Describe the wider range of my feelings		God loves us in all our differences Y4 p.30-32					Thinking Positive (Y3)
	Describe changes that happen in life	Community Y4 (Local)		3. I can say how I feel (circle time)				Managing Behaviour and Relationships (Y4)

Lower Key Stage Two

	e.g. loss, separation, divorce and bereavement	Church-Spring term)						
	Describe some ways to maintain good mental health, (exercise, diet sleep, company)			3. I can say how I feel (circle time)			Mental Health Awareness Day/Week	Healthy Bodies (Y3)

Lower Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 2: Created to love others	I can Be courteous, showing good manners at home and in school			19. I try to use words that make the world a better place				TEAM (Together Everyone Achieves More) (Y3)
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23 God loves us in all our differences Y4 p.28-32					
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term) Called Y4 Baptism/Confirmation-Autumn term		15. I know I belong to a community that includes my school		Refugees resource Universal Church topics	Refugee Week June International Day of Families 15 May	

Lower Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation -Summer term)	God loves us in all our differences Y4 p.30	33. I try to accept forgiveness from others				
	Describe how and why to keep safe in the sun			9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April	Healthy Bodies (Y3)
	Be respectful of myself and others, recognising differences		How we live in love Y3 p.23	33. I know what human dignity means and I show that I respect others		One Day One World resource	World Faith Week 22-29 October	Difference and Diversity Y3 Thinking Positive (Y3)
	Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation -Summer term)	How we live in love Y3 p.25	31. I know how to show I am sorry				Managing Behaviour and Relationships (Y4) Thinking Positive (Y3)

Lower Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February	Managing Behaviour and Relationships (Y4) Thinking Positive (Y3)
	I know: That some behaviour is unacceptable		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	5. I know what to do if I see anyone being hurt		Global Neighbours resource Laudato Si Care for our Common Home	Holocaust Memorial Day 27 January World Environment Day 5 June	Managing Behaviour and Relationships (Y4) Thinking Positive (Y3)
	Cope with natural negative emotions and show resilience following setbacks		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	23. I try to keep going when things get difficult and not give up hope				Thinking Positive (Y3) TEAM (Together Everyone Achieves More) (Y3)

Lower Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	I know: That I can go to a number of different people for help in different situations.		How we live in love Y3 p.23	25. I know when to ask for help and who to ask for help from				Managing Behaviour and Relationships (Y4) Thinking Positive (Y3) TEAM (Together Everyone Achieves More) (Y3)
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church-Autumn term)		35. I notice that we are the same and we are different				Managing Behaviour and Relationships (Y4)

Lower Key Stage Two

		Come and See / Sacramental Preparation Education programme	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	What bullying is (including cyber-bullying) and how to respond						Anti-Bullying Week November	Digital Wellbeing (Y3, Y4) Keeping Safe (Y4)
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	How we live in love Y3 p.23	18. I cooperate with others in work and play (circle time)				Managing Behaviour and Relationships (Y4)
	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online						Internet Safety Week February	Digital Wellbeing (Y3, Y4) Keeping Safe (Y4)
	Make a clear and efficient call to emergency services if necessary			27. I know how to help others when they are in trouble			Emergency services day	Keeping Safe (Y4)

Lower Key Stage Two

	That not all images, language and behaviour are appropriate			26. I can recognise comfortable and uncomfortable feelings (circle time)			Internet Safety Week February	Managing Behaviour and Relationships (Y4) Digital Wellbeing (Y3, Y4)
	The difference between good and bad secrets			15. I know I belong to a community that includes my school				Keeping Safe (Y4) Managing Behaviour and Relationships (Y4)
	Why social media, some computer games and online gambling, for example, are age restricted.							Digital Wellbeing (Y3, Y4)
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health							Digital Wellbeing (Y3, Y4) Keeping Safe (Y4)

Lower Key Stage Two

	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.								Digital Wellbeing (Y3, Y4) Keeping Safe (Y4)
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Lower Key Stage Two

		Come and See / Sacramental Preparation Education programme	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 3: Created to live in community	Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation -Summer term)	How we live in love Y3 p.24	18. I cooperate with others in work and play (circle time)				TEAM (Together Everyone Achieves More) (Y3)
	Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation -Summer term) Other Faiths weeks	How we live in love Y3 p.23	18. I cooperate with others in work and play (circle time)		Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	Shared Responsibilities (Y3)
	Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church-Summer term)				Climate and Environment Resource Fair Trade Resource Laudato Si	Fairtrade Fortnight February World Health Day 7 April World Environment Day	Shared Responsibilities (Y3)

Lower Key Stage Two

							5 June	
	That God is Trinity	Special Places Y3 God's People Y4						
	That some behaviour is unacceptable			18. I cooperate with others in work and play (circle time)				Shared Responsibilities (Y3) Digital Wellbeing (Y3, Y4) Managing Behaviour and Relationships (Y4)
	That following Jesus' teaching on forgiveness can help me in my relationships with my friends	Choices Y3 Building bridges Y4 (Reconciliation -Summer term)						
	Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		27. I know how to help others when they are in trouble 34. I stand up for		All CAFOD resources	Refugee Week June Fair Trade Fortnight	TEAM (Together Everyone Achieves More) (Y3)

Lower Key Stage Two

				people who are being treated unfairly			26 February	Shared Responsibilities (Y3)
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Upper Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Matters	PSHE Matters
	That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/ Belonging- Autumn term)				Oscar Romero resource		Aspirations (Y5)
	I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6		Animals including humans Sc5/2.2a		International Youth Day 12 August International Day for Older Persons 1 October	Healthy Bodies (Y6)
	About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6				International Women's Day 8 March	

Upper Key Stage Two

	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		<p>Y5 p.34 God loves me in my changing and development</p> <p>The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6</p>					
	About the differences between boys and girls with regard to puberty and reproduction		<p>Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6</p> <p>The wonder of God's love in creating new life Y6 p.37-39</p>					

Upper Key Stage Two

	<p>About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination</p>		<p>*SDB Y5 /6</p>	<p>9. I can tell you how I look after myself</p> <p>10. I think before I make choices that affect my health</p>	<p>Animals including humans SC6/2.2b</p>		<p>World Health Day 7 April</p> <p>World Toilet Day 19 November</p>	<p>Healthy Bodies (y6)</p> <p>Keeping Safe (Y6)</p>
	<p>I can: Be confident in my relationships with my peers in various situations, including online</p>						<p>Internet Safety Week February</p>	<p>Digital Wellbeing (Y5/6)</p> <p>Managing Behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p>
	<p>I can: Describe how my emotions may change and intensify as I grow and move through puberty</p>		<p>God loves me in my changing and development Y5 p.35 *SDB Y5 /6</p>	<p>3. I can say how I feel</p>				<p>Managing Behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p>

Upper Key Stage Two

		The wonder of God's love in creating new life Y6 p.42-43					Healthy Bodies (Y6)
	It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.						Managing Behaviour and Relationships (Y6) Managing Thoughts and Feelings (Y5) Healthy Bodies (Y6)
	I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6				Healthy Bodies (Y6)
	Describe some of the varied emotions that accompany the changes that happen in life,	Death and New Life Y6 (Lent/Easter-Spring term)	*SDB Y5 /6				Managing Behaviour and Relationships (Y6) Managing

Upper Key Stage Two

	e.g. loss, separation, divorce and bereavement							Thoughts and Feelings (Y5)
	Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.			<p>9. I can tell you how I look after myself</p> <p>10. I think before I make choices that affect my health</p>			Mental Health Awareness day/week	Healthy Bodies (Y6)

Upper Key Stage Two

Upper Key Stage Two

Theme 2: Created to love others	I can: Be courteous in my dealings with friends and strangers			19. I try to use words that make the world a better place				Managing Behaviour and Relationships (Y6) Managing Thoughts and Feelings (Y5) Communities (Y5) TEAM (Together We Achieve More) (Y5)
	I know: That some behaviour is unacceptable, unhealthy or risky			6. I understand that rights match responsibility			Internet Safety Week February	Healthy Bodies (Y6) Keeping Safe (Y6)
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage			9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April	Healthy Bodies (Y6) Keeping Safe (Y6)

Upper Key Stage Two

	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	<p>Ourselves Y5 (Domestic Church-Autumn term)</p> <p>Other Faiths weeks</p>	<p>God loves me in my changing and development Y5 p.33-36</p>	<p>36. I try to be accepting of others</p>		<p>One Day One World resource</p>	<p>One World Week October</p> <p>World Faith Week November</p>	<p>Managing Behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p>
	The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	<p>Freedom and Responsibility Y5</p> <p>Healing Y6 (Reconciliation-Summer term)</p>		<p>29. I try to forgive people when they hurt me</p> <p>33. I try to accept forgiveness from others</p>		<p>Advent and Lent resources</p>	<p>International Day of Peace 21 September</p>	<p>Managing Behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p>
	Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges		<p>God loves me in my changing and development Y5 p.35</p>	<p>9. I can tell you how I look after myself</p>			<p>Internet Safety Week February</p>	<p>Managing Behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p> <p>TEAM (Together We Achieve More) (Y5)</p>

Upper Key Stage Two

	<p>That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)</p>	<p>Common Good Y6 (Universal Church-Summer term)</p> <p>Mission Y5 (Local Church-Spring term)</p> <p>Unity Y6 (Eucharist-Spring term)</p>		<p>15. I know I belong to a community that includes my school</p>		<p>Universal Church Topic Year 6</p>	<p>Fair Trade Fortnight February</p> <p>Refugee week June</p>	
	<p>Be honest, striving to live truthfully and with integrity, using good judgement</p>			<p>8. I try to be just and fair</p>				<p>Managing Behaviour and Relationships (Y6)</p> <p>TEAM (Together We Achieve More) (Y5)</p>

Upper Key Stage Two

	Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee week June Fair Trade Fortnight February	Communities (Y5)
	How to use technology safely						Internet Safety Week February	Digital Wellbeing (Y5&6)
	I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them			25. I know when to ask for help and who to ask for help from				Keeping Safe (Y6) Digital Wellbeing (Y5&6)

Upper Key Stage Two

	<p>About some basic first-aid, dealing with common injuries</p>			<p>27. I know how to help others when they are in trouble</p>			<p>Emergency services Day</p>	<p>Keeping Safe (Y6)</p>
	<p>How to make informed choices in relationships</p>		<p>God loves me in my changing and development Y5 p.35</p> <p>The wonder of God's love in creating new life Y6 p.42</p>					<p>Managing behaviour and Relationships (Y6)</p>

Upper Key Stage Two

	That my increasing independence brings increased responsibility to keep myself and others safe			6. I understand that rights match responsibility			Internet Safety Week February	<p>Keeping Safe (Y6)</p> <p>Managing behaviour and Relationships (Y6)</p> <p>Managing Thoughts and Feelings (Y5)</p> <p>TEAM (Together We Achieve More) (Y5)</p>
	That prayer and worship nourish my relationship with God and support my relationships with others	All topics	<p>God loves me in my changing and development Y5 p.36</p> <p>The wonder of God's love in creating new life Y6 p.44</p>			CAFOD Assembly resources		

Upper Key Stage Two

	<p>About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</p>			<p>27. I know how to help others when they are in trouble</p>				<p>Digital Wellbeing (Y5&Y6)</p>
	<p>Why social media, some computer games and online gambling, for example, are age restricted.</p>							<p>Digital Wellbeing (Y5&Y6) Money Matters (Y6)</p>

Upper Key Stage Two

	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health			27. I know how to help others when they are in trouble				Digital Wellbeing (Y5&Y6)
	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.							Digital Wellbeing (Y5&Y6)

Upper Key Stage Two

	How to report and get help if I encounter inappropriate materials or messages			25. I know when to ask for help and who to ask for help from			Internet Safety Week February	Digital Wellbeing (Y5&Y6)
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Upper Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
Theme 3: Created to live in community	That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)							Communities (Y5) Keeping Safe (Y6)
	About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		36. I try to be accepting of others		Global Neighbours resource	World Day for Cultural Diversity 21 May	Communities (Y5)

Upper Key Stage Two

	That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers							Communities (Y5) Keeping Safe (Y6)
	To know: That God is Trinity, a communion of persons.							

Upper Key Stage Two

		Come and See	Journey in Love	Statements to Live By	Science	Links to CAFOD	Links to Global Calendar	PSHE Matters
	Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June	TEAM (Together Everyone Achieves More) (Y5)
	Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)				Advent and Lent Resources		Managing behaviour and Relationships (Y6) Managing Thoughts and Feelings (Y5)
	I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)						Managing behaviour and Relationships (Y6) Managing Thoughts and Feelings (Y5) Communities (Y5)
	Be loyal, able to develop and sustain							Managing behaviour and

Upper Key Stage Two

	friendships							Relationships (Y6) Managing Thoughts and Feelings (Y5)
	Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)				Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5th June	Managing behaviour and Relationships (Y6) Managing Thoughts and Feelings (Y5) Communities (Y5)
	Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)				Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	Communities (Y5)
	Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		29. I try to forgive people when they hurt me			International day of Peace 21 September	Managing behaviour and Relationships (Y6) Managing

Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2010) www.tentenresources.co.uk/relationship-education

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

[Global Calendar](#)

<https://globaldimension.org.uk/calendar/>

***SDB – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black**

Suggested additional Resources

All That I Am - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).