



ST. NORBERT'S
CATHOLIC PRIMARY SCHOOL

NEWSLETTER

VIRTUE OF THE
TERM:
HOPE

'For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? But if we hope for what we do not have, we wait for it patiently.' (Romans 8:24-25)

The God who speaks- Advent 1

Celebrate God's Word~ Live God's Word~ Share God's Word

Value of the
Month: October
Friendliness

Statements to live by....

Dear Parents and Carers,

Over the next few weeks the children will be working together to....

Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility

Please take the opportunity to discuss with your child at home and support them as they learn about....

- I know what to do if I see anyone being hurt
- I understand that rights match responsibility
- I try to stand up for myself and others without hurting others
- I try to be just and fair

Who do you feel safe with and who do you trust?



This Week's Highlights!

- A fantastic football game against Gosberton Academy this week!
- We have made a good start with our Harvest Collection but please keep them coming in up to 21.10.2022
- Year 4 Worship on Wednesday was wonderful and thank you to the high number of families that attended-your support is appreciated.
- We thought about 'World Mental Health Day' on Monday and throughout the week. In Friday Celebration we explored the story 'When sadness comes to call' and thought about how we experience and move on from times of sadness in our lives.
- We have explored the British Value of 'Individual Liberty' this week.
- It is Dyspraxia Awareness Week (Protected Characteristic-Disability) <https://dyspraxiafoundation.org.uk/awareness-week/dyspraxia-week-2022-get-moving-with-dyspraxia/>
- Today 14.10.2022 is Development Language Delay Awareness Day (Protected Characteristic-Disability) <https://radld.org/dld-awareness-day/>
- It is ADHD Awareness Month (Protected Characteristic-Disability) <https://www.adhdawarenessmonth.org/>
- It is Downs Syndrome Awareness Month (Protected Characteristic-Disability) <https://www.downs-syndrome.org.uk/>

A Date with Dan: Free TEAMS Online Safety Q and A for Parents and Guardians, 7th December, 6-7pm. Sign up required

Over two thirds of students surveyed in the LSCP 2021 Keeping Safe Online Survey indicated that their parents didn't know everything about their online activities. The survey also showed when parents talked openly to their children about their activity online, those students were less likely to experience cyberbullying and more likely to access support. We want to give you the information and tools to help you feel confident enough to protect your children and young people from online harm. Dan Hawbrook our resident Online Guru will chat you through different apps, online trends, parental controls and any other burning questions you may have! Sign up is required. A Date with Dan Tickets, Wed 7 Dec 2022 at 18:00 | Eventbrite

<https://www.eventbrite.co.uk/e/a-date-with-dan-tickets-429589111597>

Thank you for all the questionnaires, please find below a link for you to share your views regarding Project St. Thomas Fr Jim would love to hear your thoughts and ideas. We know there are things going on all across #Spalding, but there are also big gaps in what's available. What kind of activities do you think we need to make sure are happening at #ProjectStThomas. Tell us by completing a survey at <https://forms.gle/EQdKbRCw5p5JsU7k6>

Finally we keep Year 6 in our thoughts and prayers with 11+ Results Day tomorrow; regardless of what this test says we know and appreciate the unique skills and talents each and everyone of you has.

With Prayers and Blessings

Mrs Withers x

THOUGHT OF THE WEEK...

What do you call someone who gives up when things don't go right? Have you ever pestered someone when you really want something badly? What happened? In the story that Jesus tells us this Sunday, he is showing us that we should not give up when we pray. We need to be persistent in our prayers for what we need. Even when it seems that God is not answering or giving us what we want, we must trust God and not give up praying. Around the world at any given moment, there is Eucharist being celebrated, morning and evening prayers in churches and monasteries, individuals praying. Prayer is a regular part of the church's life. During this week make a particular effort to bring your needs before God with simplicity and persistence.

Faithful God, you care for all your children with tender love. Help us to trust you more and never give up even when the going gets tough. Amen.

Rights of the Week





Advent 1



Encounter with us...

It is Bishop Patrick's vision that every church, chaplaincy, school and home in our Diocese will be a place where people can encounter Jesus. We are being called to encounter and re-encounter Jesus and his love for us. We are called to discover and rediscover Jesus and the call to follow him. Our school exists so we can present the Good News to you our families in engaging and transforming ways. How will you Encounter Christ this term? Perhaps share as a family the Wednesday Word

Encounter Challenge: Can you bring items to support our HUB IN HUB OUT Collection for church?

Next week's Ordo Theme- Relationships

Every week we connect ourselves with the universal church when we look at the Feasts and Saints that we celebrate. This is just one reminder that our church is built on loving relationships. We are always called to work on our relationship with God and with others. What are the most important relationships in your life? How is your relationship with God right now?

Visit the NDCYS YouTube channel to find out more <https://www.youtube.com/channel/UCP--aQLINx4hDYRhy8KdPSQ>

Reading



Unicorn Moonicorn - Nick Sharratt and Phoebe TinklerWith flaps to lift and a rhythmic text that's really fun to read aloud, this glorious, colourful book will delight young children. It's perfect for sharing - and for laughing along with.

Bad Panda: The Cake Escape- Swapna HaddowIn the panda must find her best friend Fu, who's gone missing. Could a CHILD have captured him? There are many laughs to be had in this brilliantly illustrated, accessible story.

Unraveller- Catherine Johnson - Frances HardingeKellen can unravel curses and Nettle was previously cursed. Together, they must unravel the mystery of who cursed Kellen - before he unravels everything around him. A stunning fantasy that will transport the reader to a world of moonlit markets, magical spiders and mysterious marsh-woods.

Writing Challenge - Poetry Stars 5- 11 years (Closing Date 21st October)



Poetry Stars is packed with cross-curricular ideas, different styles of poetry worksheets and has an open theme. Poetry Stars has some fun animal characters to help engage your child with poetry and fall in love with creative writing.

It's National Poetry Day on 6th October - this year's theme is The Environment, why not get your child involved? They could write about nature, wildlife, an animal, etc. Visit the Young Writers website for more information and resources. <https://www.youngwriters.co.uk/competitions/KS2>

Become an eco-hero and look after our beautiful world! Top tips:

Keep your local habitat safe by always sticking to the marked paths./Make you garden wildlife friendly by setting aside space for nature! You could build a bee hotel, hedgehog home or log pile./Reduce, reuse and recycle, before you throw it away think about if it could be used for something else.
Give old clothes to charity./Use a reusable cup or water bottle to save the planet from plastic./Be careful with water, turn the tap off when you are brushing your teeth.
Remember to turn the lights off as you leave a room (if there is no one in that room)/Try where possible to walk to places a short distance.
Good Luck with your quest to become an eco-hero! If we all do a little it will add up to a lot.

Maths is a subject that gives us knowledge about space, numbers, and measurements.

The Greek meaning of Mathematics comes from Ancient Greek *máthēma* (μάθημα), meaning "that which is learnt".

Maths also allows children to:

- Expand their analytical thinking.
- Understand more easily how things operate.
- Develop their capability to think.
- See the importance of understanding and balance in all things.
- Grow faster and sharper with numbers.
- Connect with other aspects of life that rely on numbers.
- Expand their awareness of the world. Mathematics and art are related in a variety of ways. Mathematics has itself been described as an art motivated by beauty.



Mathematics can be discerned in arts such as music, dance, painting, architecture, sculpture, and textilesCan you find any mathematical vocabulary in this image? Using the photo as inspiration, why not challenge your child to produce their own mathematical piece of photography this term? Have fun and remember to ask your child to bring in a photo of what they have created for a mathematical challenge prize from Mrs Fairbanks ☺



Dates For Your Diary: See school website for Diary

October- I will say the rosary this month.

ORDO RELATIONSHIPS

Monday 17th October - **Week 29 Ordinary Time**

St. Ignatius

Tuesday 18th October - **Week 29 Ordinary Time**

St. Luke

Parents Evening 3:30-6:30pm

Wednesday 19th October- **Week 29 Ordinary Time**

St. Paul of the Cross St.s John De Breuf and Issac Brogues and companions

Parents Evening 3:30-5:30pm

Thursday 20th October- **Week 29 Ordinary Time**

Friday 21st October- **Week 29 Ordinary Time**

Last day of Term- finish at 3.15pm

We work to eradicate discrimination in our school, we learn through British values and our Faith to ensure equality for all. The Protected Characteristics that apply to schools are:

·Age; ·Disability; ·Gender re-assignment; ·Marriage and civil partnership;
·Pregnancy and Maternity; ·Race; ·Religion Faith or Belief Sex; Sexual orientation.

Composer of the term: Antonio Vivaldi



Antonio Vivaldi (1678- 1741) was an Italian composer. He was the most important composer in Italy at the end of the Baroque period. Vivaldi wrote more than 400 concertos for various instruments, especially for the violin. His most popular work is the group of four violin concertos called "The Four Seasons". Each concerto describes a season: Spring, Summer, Autumn, and Winter. To listen to snippets of the Four seasons, use the QR code. What do you imagine when you listen to each concerto? How do the instruments reflect aspects of the seasons?

This week's Challenge is Bunny Jumps!

Using the 60 second challenge sheet try and complete as many bunny jumps as you can in sixty seconds - can you inspire your family to take part?

Next week we will have a Bunny Jump 60 second challenge at break times to find out winner - will it be you?

DT Challenge

As we know we are thinking about harvest and I know you have been donating lots of goodies for others. As a challenge this week can you design a soup using produce local to us. You will have to do a little research to see what is grown in our area or asks mums and dads. What ingredients will be in your soup? What will you name your soup? Will it be chunky or smooth? Enjoy creating

Pupil of the Week

EYFS- Jack for always being ready for learning, listening and joining in!

Year 1- Frankie- Mae for working so hard in phonics and art this week

Year 2- Filip - For his amazing swimming on his back using floats - Well done!

Year 3- Arnon for trying very hard in all his learning and for helping and supporting his friends.

Year 4- Binaya for her fabulous Maths

Year 5- Devika - for her interview questions this week whilst asking someone their qualities as a Disciple of God.

Year 6- Daniel H for excellent coaching skills in PE.

Weekly MyMaths Champions Results This week the Champions are Year 2 with 207 points-Well Done!

The Heart that See's Award

Each week the pupils can all nominate their peers for this award, for those acts of mercy and kindness.



Thank you to all our families that have been donating Harvest items for our annual collection; we really appreciate it -Thank you xxx

Weekly Attendance: % Remember our school target is 97% and anything below 90% is Persistent Absence and can result in a fixed penalty notice. We are also required to report any families to the local authority whose children have had 10 consecutive days absent from school or any that take un-authorised/absence or holiday. You must inform us when your child is not attending school if we are unable to make contact we will conduct a home visit. Pupils should be at school by 8:55 to avoid being marked as Late.

EYFS	Y1	Y2	Y3	Y4	Y5	Y6
84.79%	87.64%	99.23%	95.26%	95.57%	99.64%	100%

Safeguarding Messages: Working together to stay safe!

Optimistic October 2022

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Write down three things you can look forward to this month.	2 Find something to be excited about. Even if it's a difficult time.	3 Take a small step towards a goal that really matters to you.	4 Start your day with the most important thing on your to-do list.	5 Be a realistic optimist. See life as it is, but focus on what's good.	6 Remove yourself from things that change the way you feel.	7 Look for the good in people around you today.
8 Make some progress on a project or task you have been avoiding.	9 Share an important goal with someone you trust.	10 Take time to reflect on what you have accomplished recently.	11 Avoid blaming yourself or others. Find a helpful way forward.	12 Look out for positive news and reasons to be cheerful today.	13 Ask for help to overcome an obstacle you are facing.	14 Do something constructive to improve a difficult situation.
15 Think yourself for achieving the things you often take for granted.	16 Put down your to-do list and do something fun or uplifting.	17 Take a small step towards a positive change you want to see in society.	18 Be helpful but realistic. Guide for the drive ahead.	19 Identify one of your positive qualities that will be helpful in the future.	20 Find joy in tackling a task you've put off for some time.	21 Let go of the expectations of others and focus on what matters to you.
22 Share a helpful quote, picture or video with a friend or colleague.	23 Recognise that you have a choice about what to prioritise.	24 Write down three specific things that have gone well recently.	25 You can't do everything! What are your three priorities right now?	26 Find a new perspective on a problem you face.	27 Be kind to yourself today. Remember, progress takes time.	28 Ask yourself: will this still matter a year from now?
29 Plan a fun or exciting activity to look forward to.	30 Identify three things that give you hope for the future.	31 Set a goal that brings a sense of purpose for the coming month.				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

SAFEGUARDING

If you are concerned about a child or need help and support do not hesitate to contact our Designated Safeguarding Lead Mrs Withers and Deputies Mrs. Hibbert and Mr. Morton.

jenna.withers@st-norberts.lincs.sch.uk

sam.morton@st-norberts.lincs.sch.uk

Working together to safeguard and promote the welfare of children



If you have any concerns about a child, please call: **01522 782111**

LSCP Lincolnshire Safeguarding Children Partnership

Follow us on Twitter: [@lincolnshirescp](https://twitter.com/lincolnshirescp)

J.R.S.O. JRSO Message

<https://thinkdirect.gov.uk/education/early-years-and-primary/parents/7-16-11s/be-bright-be-seen/>

E-Safety

Visit our E-Safety page on the school website. <http://www.st-norberts.lincs.sch.uk/e-safety.asp>

<https://net-aware.org.uk> Or download the Net Aware app for android and iOS. https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying/Pdfm_source=Adestro&utm_medium=email&utm_content=Videos&utm_campaign=121017.com-netaware_LFS

The internet is essential in 21st century life for education, business and social interaction. As our children move up through the school their access to various types of technology increases and it stands to reason that their exploration and curiosity increases too. The positives of the digital world overwhelmingly outweigh the negatives but our children and parents all need to be aware of various online risks. We would like to draw your attention to the following weblinks to help share and support our online safety message across the school and help keep your children safe whilst they research, access learning or practise their skills online.

<https://youtube.be/XQ-htg8V3eK>

<https://www.internetmatters.org/resources/apps-guide/>

<https://www.thinkuknow.co.uk/parents/lessie-and-friends/>

<https://www.thinkuknow.co.uk/parents/articles/band-runners/>

Are your children using electronic devices and accessing the internet at home? Whatever their age, the link we are sharing below can help you to find out more about what they might be doing online and give you practical advice on the steps you can take as a parent to keep them safe in their digital world.

Take a moment to look through the website and see what is advised for the ages and stages of your child/children. It is really important that we all work together to keep the children safe online. <https://www.internetmatters.org/advice/>



Young Minds <https://youngminds.org.uk/resources/school-resources/?f3=10152#listing>

Place to Be <https://www.childrensmentalhealthweek.org.uk/schools>

Mentally Healthy Schools hub by Heads Together

https://www.mentallyhealthyschools.org.uk/?utm_source=place2be.org.uk&utm_medium=referral

Our Time <https://ourtime.org.uk/resource/explaining-mental-illness-to-under-11s/>

Prayers Please!

Daily Prayers for Home

<https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/homeprayer-2020-03-23>

Sunday Liturgy for Families

<https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/sunday-liturgy-for-families/>

The Wednesday Word is offered to you as a new, weekly, special 5 minutes Family Time together. The Wednesday Word is a gift to families because of their connection with a Catholic school. Wednesday Word Family Time presents an opportunity for even the busiest of parents to enrich relationships with their children through spending a very special 10 minutes together each week. Every Wednesday a 'word', inspired by the coming Sunday's Gospel, will be suggested for families to talk about in the home. It is structured around the Sunday Gospel, because evidence shows that Gospel values really do help family relationships to thrive. The Wednesday Word Family Time leaflet is designed in a family friendly fashion to ensure that all family members feel included. It aims to be informative, enjoyable, and to help families maintain a special closeness throughout the school years. You can download your own copy from your child's MS Teams account where it is shared weekly or directly from their website <http://www.wednesdayword.org/>

Pray The Rosary

The Rosary consists of 20 Mysteries divided into four distinct parts – The Joyful, The Luminous, The Sorrowful and The Glorious Mysteries. Each Mystery is represented by a Decade made up of the Our Father, Ten Hail Marys and a Glory Be.



1. Make the Sign of the Cross, say the Apostles' Creed.

2. Say the "Our Father"

3. Say Three "Hail Marys" and the "Glory Be".

4. Meditate on 1st Mystery, saying the "Our Father", Ten "Hail Marys" and "Glory Be".

5. Say Ten "Hail Marys" and the "Glory Be".

6. Meditate on 2nd Mystery, saying the "Our Father", Ten "Hail Marys" and "Glory Be".

7. Meditate on 3rd Mystery, saying the "Our Father", Ten "Hail Marys" and "Glory Be".

8. Meditate on 4th Mystery, saying the "Our Father", Ten "Hail Marys" and "Glory Be".

9. Meditate on 5th Mystery, saying the "Our Father", Ten "Hail Marys" and "Glory Be".

10. Concluding prayers, "Hail Holy Queen" and Let Us Pray: O God whose only begotten Son, etc., etc.

Amen. Mrs.J.Withers (Headteacher)